

CATCHPOOLE, HEATHER J
26 KINGSWAY, HAZELBROOK. 2779
Phone: 0414979788
Birthdate: 15/06/1983 Sex: F Medicare Number: 2545362698
Your Reference: 00246733 Lab Reference: 894888813-C-CRP
Laboratory: Douglass Hanly Moir Pathology
Addressee: DR LINA CHANNO Referred by: DR LINA CHANNO

Name of Test: CRP(s)
Requested: 18/02/2025 Collected: 01/07/2025 Reported: 01/07/2025
14:29

Clinical notes: WEIGHT GAIN

Clinical Notes : WEIGHT GAIN

C Reactive Protein (High Sens)

CRP 4.4 mg/L (0.0 - 5.0)

Comment on Lab ID 894888813

NATA Accreditation No 2178

Tests Completed: LFT(s), Lipids(s), Lipids HDL(s), CRP(s)
Tests Pending : ALP(s), ALP Iso(s), Insulin(s), ACTH(e), CortAM(s)
Sample Pending :

CATCHPOOLE, HEATHER J
 26 KINGSWAY, HAZELBROOK. 2779
 Phone: 0414979788
 Birthdate: 15/06/1983 Sex: F Medicare Number: 2545362698
 Your Reference: 00246733 Lab Reference: 894888813-C-Cortisol
 Laboratory: Douglass Hanly Moir Pathology
 Addressee: DR LINA CHANNO Referred by: DR LINA CHANNO

Name of Test: Cortisol
 Requested: 18/02/2025 Collected: 01/07/2025 Reported: 02/07/2025
 10:59

Clinical notes: WEIGHT GAIN

Clinical Notes : WEIGHT GAIN

CORTISOL

Date	17/06/16	01/07/25		
Time F-Fast	0840 F	0927 F		
Lab ID	273607844	894888813	Units	Reference
Cortisol am	350	273	nmol/L	(138-650)
Cor. AM Time	0840	0927	Hrs	

NATA Accreditation No 2178

Tests Completed: LFT(s), Lipids(s), ALP(s), Lipids HDL(s), CRP(s),
 Insulin(s), CortAM(s)
 Tests Pending : ALP Iso(s), ACTH(e)
 Sample Pending :

CATCHPOOLE, HEATHER J
26 KINGSWAY, HAZELBROOK. 2779
Phone: 0414979788
Birthdate: 15/06/1983 Sex: F Medicare Number: 2545362698
Your Reference: 00246733 Lab Reference: 894888813-C-ACTH
Laboratory: Douglass Hanly Moir Pathology
Addressee: DR LINA CHANNO Referred by: DR LINA CHANNO

Name of Test: ACTH(e)
Requested: 18/02/2025 Collected: 01/07/2025 Reported: 02/07/2025
14:28

Clinical notes: WEIGHT GAIN

Clinical Notes : WEIGHT GAIN

Adrenocorticotrophic Hormone (Immulite Method)

ACTH 5.8 pmol/L (<12.1)

Comment on Lab ID 894888813

NATA Accreditation No 2178

Tests Completed: LFT(s), Lipids(s), ALP(s), Lipids HDL(s), CRP(s),
Insulin(s), ACTH(e), CortAM(s)

Tests Pending : ALP Iso(s)

Sample Pending :

CATCHPOOLE, HEATHER J
 26 KINGSWAY, HAZELBROOK. 2779
 Phone: 0414979788
 Birthdate: 15/06/1983 Sex: F Medicare Number: 2545362698
 Your Reference: 00246733 Lab Reference: 894888813-C-HDL
 Laboratory: Douglass Hanly Moir Pathology
 Addressee: DR LINA CHANNO Referred by: DR LINA CHANNO

Name of Test: Lipids HDL(s)
 Requested: 18/02/2025 Collected: 01/07/2025 Reported: 01/07/2025
 14:29

Clinical notes: WEIGHT GAIN

Clinical Notes : WEIGHT GAIN

Date	13/04/12	17/12/21	15/09/23	01/07/25		
Time F-Fast	0815 F	0915 F	1010 F	0927 F		
Lab ID	212666975	862704900	884663091	894888813	Units	Reference
Status	Fasting	Fasting	Fasting	Fasting		
Cholesterol	L 3.2	5.2	H 5.8	5.3	mmol/L	(<5.5)
Triglycerides	L 0.4	1.2	1.5	1.5	mmol/L	(<2.0)
HDL Chol.	0.9	1.1	L 1.1	L 1.0	mmol/L	(>1.2)
LDL Chol.	2.1	3.5	H 4.0	H 3.7	mmol/L	(<3.0)
Non-HDL Chol.			H 4.7	H 4.3	mmol/L	(<4.0)

Comments on Collection 01/07/25 0927 F:
 Please note that the above reference limits are decision limits.
 A flag based on these limits is an indication to review the absolute
 cardiovascular risk for the patient. For assessment of absolute
 cardiovascular disease risk please see www.cvdcheck.org.au

The above decision limits are based on the European Atherosclerosis Society (EAS) and European Federation of Clinical Chemistry and Laboratory Medicine (EFLM) Consensus Statement 2016 and the Australasian Association of Clinical Biochemistry and Laboratory Medicine (AACB) Lipid Reporting Guideline 2018.

Lipid treatment targets for patients at high risk of cardiovascular disease:

Total cholesterol	<4.0 mmol/L
Triglyceride	<2.0 mmol/L
HDL cholesterol	>1.0 mmol/L
LDL cholesterol	<2.5 mmol/L (<1.8 mmol/L for very high risk)
Non-HDL cholesterol	<3.3 mmol/L (<2.5 mmol/L for very high risk)

High risk - Primary prevention Very high risk - Secondary prevention

Target values from the AACB Lipid Reporting Guideline 2018.

Please note that as there is a continuum of risk, benefits are obtained for any measured lipid components moving towards and beyond the various target levels.

NATA Accreditation No 2178

Tests Completed: LFT(s), Lipids(s), Lipids HDL(s), CRP(s)

Tests Pending : ALP(s),ALP Iso(s),Insulin(s),ACTH(e),CortAM(s)
Sample Pending :

CATCHPOOLE, HEATHER J
26 KINGSWAY, HAZELBROOK. 2779
Phone: 0414979788
Birthdate: 15/06/1983 Sex: F Medicare Number: 2545362698
Your Reference: 00246733 Lab Reference: 894888813-C-INS
Laboratory: Douglass Hanly Moir Pathology
Addressee: DR LINA CHANNO Referred by: DR LINA CHANNO

Name of Test: Insulin(s)
Requested: 18/02/2025 Collected: 01/07/2025 Reported: 01/07/2025
20:59

Clinical notes: WEIGHT GAIN

Clinical Notes : WEIGHT GAIN

Date	17/06/16	17/12/21	15/09/23	01/07/25	
Time F-Fast	0840 F	0915 F	1010 F	0927 F	
Lab ID	273607844	862704900	884663091	894888813	Units Reference
F Insulin	H 24	20	11	H 40	mU/L (0-20)

Comments on Collection 01/07/25 0927 F:
In a non-pregnant patient, serum insulin(s) >80 mU/L following a 75g oral glucose load and/or fasting insulin(s) >14 mU/L (in the absence of insulinoma) are consistent with insulin resistance. Post-load insulin(s) of 60 - 80 mU/L and/or fasting insulin(s) of 10 - 14 mU/L are suggestive of insulin resistance and follow-up may be indicated in the presence of risk factors such as obesity or a positive family history.

Consistent with insulin resistance. Follow-up is recommended.

NATA Accreditation No 2178

Tests Completed: LFT(s), Lipids(s), ALP(s), Lipids HDL(s), CRP(s), Insulin(s)
Tests Pending : ALP Iso(s), ACTH(e), CortAM(s)
Sample Pending :

CATCHPOOLE, HEATHER J
26 KINGSWAY, HAZELBROOK. 2779
Phone: 0414979788
Birthdate: 15/06/1983 Sex: F Medicare Number: 2545362698
Your Reference: 00246733 Lab Reference: 894888813-C-ALPI
Laboratory: Douglass Hanly Moir Pathology
Addressee: DR LINA CHANNO Referred by: DR LINA CHANNO

Name of Test: ALP Iso(s)
Requested: 18/02/2025 Collected: 01/07/2025 Reported: 31/07/2025
13:59

Clinical notes: WEIGHT GAIN

Clinical Notes : WEIGHT GAIN

Alkaline Phosphatase Isoenzymes

Total Alk Phos	H 129	U/L	(20 - 105)
Thermostable ALP	32	U/L	
Residual Activity	25	%	

Residual activities between 25% and 55% are associated with sera in which the predominant isoenzyme is of liver or intestinal origin or both.

ALP Electrophoresis

The scan shows isoenzymes of both bony and hepatic types, the predominant isoenzyme being of hepatic type.

Intestinal type isoenzymes also present.

NATA Accreditation No 2178

Tests Completed: LFT(s), Lipids(s), ALP(s), Lipids HDL(s), CRP(s),
ALP Iso(s), Insulin(s), ACTH(e), CortAM(s)

Tests Pending :

Sample Pending :

CATCHPOOLE, HEATHER J
 26 KINGSWAY, HAZELBROOK. 2779
 Phone: 0414979788
 Birthdate: 15/06/1983 Sex: F Medicare Number: 2545362698
 Your Reference: 00246733 Lab Reference: 894888813-C-Biochemistry
 Laboratory: Douglass Hanly Moir Pathology
 Addressee: DR LINA CHANNO Referred by: DR LINA CHANNO

Name of Test: Biochemistry
 Requested: 18/02/2025 Collected: 01/07/2025 Reported: 01/07/2025
 15:29

Clinical notes: WEIGHT GAIN

Clinical Notes : WEIGHT GAIN

BIOCHEMISTRY

Date	15/09/23	14/10/23	24/07/24	01/07/25		
Time F-Fast	1010 F	1118	0950 F	0927 F		
Lab ID	884663091	837515045	850864487	894888813	Units	Reference
Status	Fasting		Fasting	Fasting		
Bili.Total	10		7	6	umol/L	(3-15)
ALP	H 116		H 130	H 129	U/L	(20-105)
GGT	30		H 41	H 55	U/L	(5-35)
LD	183		213	215	U/L	(120-250)
AST	24		25	29	U/L	(10-35)
ALT	26		30	H 38	U/L	(5-30)
Total Protein	73		71	70	g/L	(68-85)
Albumin	48	46	46	46	g/L	(37-48)
Globulin	25		25	24	g/L	(23-39)
Cholesterol	H 5.8		H 5.9	5.3	mmol/L	(<5.5)
Triglycerides	1.5		1.7	1.5	mmol/L	(<2.0)

NATA Accreditation No 2178

Tests Completed: LFT(s), Lipids(s), ALP(s), Lipids HDL(s), CRP(s)
 Tests Pending : ALP Iso(s), Insulin(s), ACTH(e), CortAM(s)
 Sample Pending :