



GABBY HUNWICK
02-Aug-1988 **Female**

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THE MAMAWISE NATUROPATH
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LAB ID : 4130330
UR NO. : 6394599
Collection Date : 05-Aug-2025
Received Date: 11-Aug-2025



4130330

INTEGRATIVE MEDICINE

URINE, SPOT	Result	Range	Units
URINE IODINE	51		ug/L
Urine Iodine Corrected	102.8		ug/gCR
Urine Iodine Comment			

RANDOM IODINE COMMENT:
Random Iodine levels are expressed as ug Iodine/g Creatinine (to correct for urine concentration), with the following reference ranges (WHO Guidelines);

- >100 ug/gCR Not Iodine deficient
- 50 - 100 ug/gCR Mild Iodine deficiency
- 20 - 49 ug/gCR Moderate Iodine deficiency
- < 20 ug/gCR Severe Iodine deficiency

Low levels of iodine may lead to hypothyroidism and goitre and in severe cases, intellectual disability.

For High levels of iodine, please correlate clinically. High levels may be due to iodine supplementation and very high levels are seen with patients who have undergone radiological investigations with contrast administration.

Creatinine, Urine Spot.	4.4	2.5 - 19.2	mmol/L	
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Tests ordered: UR-IODINE,IMPEI,uIodEx,usCr