

Lab ID 496108743

DOB 03/11/1997 (27 Yrs FEMALE)

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Requested 15/05/2025

Clinical Notes check up tiredness

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## Serum Lipids

			Recommended Ranges
Cholesterol	3.10	<5.5	mmol/L
Triglycerides	0.35	<2.0	mmol/L
HDL	1.24	>1.2	mmol/L
Chol/HDL Ratio	2.5	<4.5	mmol/L
LDL	1.7	<3.0	mmol/L
Non HDLC	1.86	<4.0	mmol/L

## Comments

## Population-based decision limits

Total Cholesterol &lt;5.5 mmol/L

Triglycerides &lt;2.0 mmol/L

HDL Cholesterol &gt;1.0 mmol/L (Males) &gt;1.2 mmol/L (Females)

LDL Cholesterol &lt;3.0 mmol/L

Non-HDL Cholesterol &lt;4.0 mmol/L

The decision limits quoted above are not population reference intervals or clinical action limits. Values greater than the decision limits may be taken as an indication to review the absolute cardiovascular risk of the patient. For assessment of absolute cardiovascular disease risk, please see [www.cvdcheck.org.au](http://www.cvdcheck.org.au)

## Target levels for high risk individuals

In high risk individuals (e.g. known coronary heart and other arterial disease, diabetes, chronic renal failure, Aboriginal and Torres Strait Islander peoples and familial hyperlipidaemic conditions) NVDPA treatment target levels are:

Total Cholesterol &lt;4.0 mmol/L

Triglycerides &lt;2.0 mmol/L

HDL Cholesterol &gt;1.0 mmol/L

LDL Cholesterol &lt;1.8 mmol/L

Non-HDL Cholesterol &lt;2.5 mmol/L

In diabetics, the National Heart Foundation recommends 6-monthly progress lipid levels. Diabetic patients meet the PBS qualifying criteria for lipid-lowering therapy.

NVDPA = National Vascular Disease Prevention Alliance

Supervising Pathologist:SM

SOUTHERN.IML PATHOLOGY, NATA ACCREDITATION NO:2760

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