

Patient Health Summary

Name: Mrs Nicola Sopp
Address: 57 St Catherines Terrace
Wynnum 4178
D.O.B.: 21/09/1966
Record No.:
Home Phone:
Work Phone:
Mobile Phone: 0403 813 376

Woody Point Medical Centre
28 Lilla Street
Woody Point 4019
07 3284 9452

Printed on 29th May 2025

Allergies/Adverse reactions:

Mould Candidiasis, Severe

Current Medications:

ANTG Australian Natural Elan 100mg/mL Oil	0.5 ml daily.
Cannatrek C100 CBD Isolate 100mg/mL Oil	0.5 ml bd.
IndiMed Aztecs CBD 100 100mg Oil	0.5 ml Twice a day.

Active Past History:

Hashimoto's thyroiditis
Neck pain

Inactive Past History:

Not recorded.

Investigations:

SOPP, NICOLA NICKY
57 ST CATHERINES TCE, WYNNUM. 4178
Phone: 33964498
Birthdate: 21/09/1966 Sex: F Medicare Number: 23875911871
Your Reference: Lab Reference: 24-75847848-CBC-0
Laboratory: QML Pathology
Addressee: DR JULIE OCONNELL Referred by: DR JULIE OCONNELL
Copy to:
BRISBANE UNKNOWN DOCTOR

Name of Test: MASTER FULL BLOOD COUNT
Requested: 21/05/2024 Collected: 28/05/2024 Reported: 29/05/2024 16:14

FULL BLOOD EXAMINATION

Haemoglobin	132	g/L	(115-160)
Red Cell Count	4.4	x10 ¹² /L	(3.6-5.2)
Haematocrit	0.41		(0.33-0.46)
Mean Cell Volume	93	fL	(80-98)
Mean Cell Haemoglobin	30	pg	(27-35)
Platelet Count	271	x10 ⁹ /L	(150-450)
White Cell Count	7.9	x10 ⁹ /L	(4.0-11.0)
Neutrophils	63 %	5.0 x10 ⁹ /L	(2.0-7.5)
Lymphocytes	25 %	2.0 x10 ⁹ /L	(1.1-4.0)
Monocytes	7 %	0.6 x10 ⁹ /L	(0.2-1.0)
Eosinophils	4 %	0.32 x10 ⁹ /L	(0.04-0.40)

Basophils 1 % 0.08 x10 ^9 /L (< 0.21)

Automated Comment:

As per ISLH guidelines - Film not reviewed. If a film review is truly indicated, contact the laboratory within 24 hours of collection. Otherwise investigate any highlighted abnormalities as clinically appropriate.

All haematology parameters are within normal limits for age and sex.

**** FINAL REPORT - Please destroy previous report ****

Tests Completed:FBC

Tests Pending :TSH, FREE T4, FREE T3, IRON STUDIES, TOTAL TESTOSTERONE, PROGESTERONE

Tests Pending :E2, INSULIN, SE CORTISOL, SE E/LFT, BL HbA1C, ZINC, RED CELL, SE MG

Tests Pending :ESR, DHEAS

SOPP, NICOLA NICKY

57 ST CATHERINES TCE, WYNNUM. 4178

Phone: 33964498

Birthdate: 21/09/1966 Sex: F Medicare Number: 23875911871

Your Reference: Lab Reference: 24-75847848-ESR-0

Laboratory: QML Pathology

Addressee: DR JULIE OCONNELL Referred by: DR JULIE OCONNELL

Copy to:
BRISBANE UNKNOWN DOCTOR

Name of Test: ERYTHROCYTE SEDIMENT RATE

Requested: 21/05/2024 **Collected:** 28/05/2024 **Reported:** 29/05/2024 16:54

Erythrocyte Sedimentation Rate 2 mm/hr (1-30)

Tests Completed:FBC, ESR

Tests Pending :TSH, FREE T4, FREE T3, IRON STUDIES, TOTAL TESTOSTERONE, PROGESTERONE

Tests Pending :E2, INSULIN, SE CORTISOL, SE E/LFT, BL HbA1C, ZINC, RED CELL, SE MG

Tests Pending :DHEAS

SOPP, NICOLA NICKY

57 ST CATHERINES TCE, WYNNUM. 4178

Phone: 33964498

Birthdate: 21/09/1966 Sex: F Medicare Number: 23875911871

Your Reference: Lab Reference: 24-75847848-A1C-0

Laboratory: QML Pathology

Addressee: DR JULIE OCONNELL Referred by: DR JULIE OCONNELL

Copy to:
BRISBANE UNKNOWN DOCTOR

Name of Test: HAEMOGLOBIN A1C,BLOOD

Requested: 21/05/2024 **Collected:** 28/05/2024 **Reported:** 29/05/2024 18:17

CUMULATIVE GLYCATED HAEMOGLOBIN

Date 28/05/24

Time 00:00

Lab No 75847848

HbA1c Fraction 5.5 %
in SI units 37 mmol/mol

Note: Caution is needed in interpreting HbA1c results in the presence of conditions affecting red blood cell survival times, which may lead to either falsely high or falsely low HbA1c results.

HbA1c diagnostic levels - RCPA 2014

< 6.1% (<43 mmol/mol) - current diabetes is excluded
6.1-6.4% (43-47 mmol/mol) - high risk for future diabetes
> 6.4% (>48 mmol/mol) - diabetes is likely
Unless patient has supportive symptoms or elevated plasma glucose values, repeat test is recommended.
Currently, Medicare will fund only one diagnostic test per year.

Sample may be collected at any time - fasting is not required.
Note - diabetes tolerance may be impaired by chronic illness, use of certain drugs including steroids, Cushing syndrome, etc.
We would advise considering secondary forms in newly-diagnosed patients.
For clinical enquiries, please contact Dr Appleton, Chang or Marshall

Tests Completed:FBC, BL HBA1C, ESR
Tests Pending :TSH, FREE T4, FREE T3, IRON STUDIES, TOTAL TESTOSTERONE, PROGESTERONE
Tests Pending :E2, INSULIN, SE CORTISOL, SE E/LFT, ZINC, RED CELL, SE MG, DHEAS

SOPP, NICOLA NICKY
57 ST CATHERINES TCE, WYNNUM. 4178
Phone: 33964498
Birthdate: 21/09/1966 Sex: F Medicare Number: 23875911871
Your Reference: Lab Reference: 24-75847848-THY-0
Laboratory: QML Pathology
Addressee: DR JULIE OCONNELL Referred by: DR JULIE OCONNELL
Copy to:
BRISBANE UNKNOWN DOCTOR

Name of Test: THYROID TEST MASTER
Requested: 21/05/2024 Collected: 28/05/2024 Reported: 29/05/2024 22:40

CUMULATIVE SERUM THYROID FUNCTION TESTS

Date	10/02/21	15/03/21	27/09/23	28/05/24
Time	09:53	11:13	00:00	00:00
Lab No	27042323	27042505	74062195	75847848
TSH	3.0		3.5	26 mIU/L (0.50-4.00)
free T4	12		14	10 pmol/L (10-20)
free T3	4.4		9.0	4.0 pmol/L (2.8-6.8)
Thyroglobulin Ab	84	86		IU/mL (< 60)
Thyroglobulin AbII			69	IU/mL (< 4.6)
Thy. Peroxidase Ab	810	780	790	IU/mL (< 60)

Progress level - On Levothyroxine
The therapeutic target for replacement therapy in primary hypothyroidism is to maintain a normal TSH but it is reasonable to aim for a TSH level in the lower reference interval if the patient has persistent symptoms. In patients with differentiated thyroid cancer, the target TSH level should be subnormal or undetectable depending on individualized post-ablation risk stratification.
Note: Serum TSH should not be used to monitor T4 therapy in central hypothyroidism. Serum fT4 level should be maintained in the upper 50% of the normal range.

Tests Completed:TSH, FREE T4, FREE T3, FBC, BL HBA1C, ESR
Tests Pending :IRON STUDIES, TOTAL TESTOSTERONE, PROGESTERONE, E2, INSULIN
Tests Pending :SE CORTISOL, SE E/LFT, ZINC, RED CELL, SE MG, DHEAS

SOPP, NICOLA NICKY
57 ST CATHERINES TCE, WYNNUM. 4178
Phone: 33964498
Birthdate: 21/09/1966 Sex: F Medicare Number: 23875911871
Your Reference: Lab Reference: 24-75847848-MG-0
Laboratory: QML Pathology

Addressee: DR JULIE OCONNELL **Referred by:** DR JULIE OCONNELL
Copy to:
BRISBANE UNKNOWN DOCTOR

Name of Test: MAGNESIUM, SERUM
Requested: 21/05/2024 **Collected:** 28/05/2024 **Reported:** 30/05/2024 00:10

Serum Magnesium 0.9 mmol/L (0.7-1.1)

Tests Completed:TSH, FREE T4, FREE T3, IRON STUDIES, FBC, SE E/LFT, BL HBA1C, SE MG
Tests Completed:ESR
Tests Pending :TOTAL TESTOSTERONE, PROGESTERONE, E2, INSULIN, SE CORTISOL
Tests Pending :ZINC, RED CELL, DHEAS

SOPP, NICOLA NICKY
57 ST CATHERINES TCE, WYNNUM. 4178
Phone: 33964498
Birthdate: 21/09/1966 **Sex:** F **Medicare Number:** 23875911871
Your Reference: **Lab Reference:** 24-75847848-25T-0
Laboratory: QML Pathology
Addressee: DR JULIE OCONNELL **Referred by:** DR JULIE OCONNELL
Copy to:
BRISBANE UNKNOWN DOCTOR

Name of Test: E/LFT (MASTER)
Requested: 21/05/2024 **Collected:** 28/05/2024 **Reported:** 30/05/2024 00:10

SERUM CHEMISTRY - RANDOM

Sodium	142	mmol/L	(137-147)
Potassium	4.0	mmol/L	(3.5-5.0)
Chloride	108	mmol/L	(96-109)
Bicarbonate	28	mmol/L	(25-33)
Other Anions	10	mmol/L	(4-17)
Glucose	5.4	mmol/L	random (3.0-7.7)
Urea	4.1	mmol/L	(2.5-7.5)
Creatinine	74	umol/L	(50-120)
eGFR	77	mL/min	(over 59)
Uric Acid	0.24	mmol/L	(0.14-0.35)
Total Bilirubin	9	umol/L	(2-20)
Alk. Phos.	76	U/L	(30-115)
Gamma G.T.	12	U/L	(0-45)
ALT	14	U/L	(0-45)
AST	17	U/L	(0-41)
LD	181	U/L	(80-250)
Calcium	2.35	mmol/L	(2.15-2.60)
Adjusted for Albumin	2.31	mmol/L	(2.15-2.60)
Phosphate	1.2	mmol/L	(0.8-1.5)
Total Protein	70	g/L	(60-82)
Albumin	44	g/L	(35-50)
Globulins	26	g/L	(20-40)
Cholesterol	5.2	mmol/L	(3.9-7.4)
Triglycerides	0.7	mmol/L	random (0.3-4.0)

Tests Completed:TSH, FREE T4, FREE T3, IRON STUDIES, FBC, SE E/LFT, BL HBA1C, SE MG
Tests Completed:ESR
Tests Pending :TOTAL TESTOSTERONE, PROGESTERONE, E2, INSULIN, SE CORTISOL
Tests Pending :ZINC, RED CELL, DHEAS

SOPP, NICOLA NICKY
57 ST CATHERINES TCE, WYNNUM. 4178
Phone: 33964498

Birthdate: 21/09/1966 **Sex:** F **Medicare Number:** 23875911871
Your Reference: **Lab Reference:** 24-75847848-ISM-0
Laboratory: QML Pathology
Addressee: DR JULIE OCONNELL **Referred by:** DR JULIE OCONNELL
Copy to:
 BRISBANE UNKNOWN DOCTOR

Name of Test: MASTER IRON STUDIES
Requested: 21/05/2024 **Collected:** 28/05/2024 **Reported:** 30/05/2024 00:10

IRON STUDIES		
Serum Iron	18 umol/L	(10-33)
Transferrin IBC	48 umol/L	(45-70)
Transferrin Saturation	38 %	(16-50)
Serum Ferritin Assay	68 ug/L	(30-320)

Tests Completed:TSH, FREE T4, FREE T3, IRON STUDIES, FBC, SE E/LFT, BL HBA1C, SE MG
 Tests Completed:ESR
 Tests Pending :TOTAL TESTOSTERONE, PROGESTERONE, E2, INSULIN, SE CORTISOL
 Tests Pending :ZINC, RED CELL, DHEAS

SOPP, NICOLA NICKY
 57 ST CATHERINES TCE, WYNNUM. 4178
Phone: 33964498
Birthdate: 21/09/1966 **Sex:** F **Medicare Number:** 23875911871
Your Reference: **Lab Reference:** 24-75847848-DHE-0
Laboratory: QML Pathology
Addressee: DR JULIE OCONNELL **Referred by:** DR JULIE OCONNELL
Copy to:
 BRISBANE UNKNOWN DOCTOR

Name of Test: DHE-S
Requested: 21/05/2024 **Collected:** 28/05/2024 **Reported:** 30/05/2024 00:14

DHEA - Sulphate	3.8 umol/L	(0.1-5.2)
(DeHydroEpiAndrosterone)		
(previous units)	1400 ng/mL	(50-1900)

Tests Completed:TSH, FREE T4, FREE T3, IRON STUDIES, FBC, SE E/LFT, BL HBA1C, SE MG
 Tests Completed:ESR, DHEAS
 Tests Pending :TOTAL TESTOSTERONE, PROGESTERONE, E2, INSULIN, SE CORTISOL
 Tests Pending :ZINC, RED CELL

SOPP, NICOLA NICKY
 57 ST CATHERINES TCE, WYNNUM. 4178
Phone: 33964498
Birthdate: 21/09/1966 **Sex:** F **Medicare Number:** 23875911871
Your Reference: **Lab Reference:** 24-75847848-COR-0
Laboratory: QML Pathology
Addressee: DR JULIE OCONNELL **Referred by:** DR JULIE OCONNELL
Copy to:
 BRISBANE UNKNOWN DOCTOR

Name of Test: ADRENAL MASTER
Requested: 21/05/2024 **Collected:** 28/05/2024 **Reported:** 30/05/2024 00:29

ADRENAL STUDIES		
Serum Cortisol	450 nmol/L	9am (220-660) 4pm (110-390)
Collection time: Not Recorded		

Tests Completed:TSH, FREE T4, FREE T3, IRON STUDIES, SE CORTISOL, FBC, SE E/LFT
Tests Completed:BL HBA1C, SE MG, ESR, DHEAS
Tests Pending :TOTAL TESTOSTERONE, PROGESTERONE, E2, INSULIN, ZINC, RED CELL

SOPP, NICOLA NICKY
57 ST CATHERINES TCE, WYNNUM. 4178
Phone: 33964498
Birthdate: 21/09/1966 Sex: F Medicare Number: 23875911871
Your Reference: Lab Reference: 24-75847848-DBM-0
Laboratory: QML Pathology
Addressee: DR JULIE OCONNELL Referred by: DR JULIE OCONNELL
Copy to:
BRISBANE UNKNOWN DOCTOR

Name of Test: DIABETES MASTER
Requested: 21/05/2024 Collected: 28/05/2024 Reported: 30/05/2024 00:48

Insulin	4 mU/L	random (< 100)
Glucose	5.4 mmol/L	random (3.0-7.7)

Tests Completed:TSH, FREE T4, FREE T3, IRON STUDIES, INSULIN, SE CORTISOL, FBC
Tests Completed:SE E/LFT, BL HBA1C, SE MG, ESR, DHEAS
Tests Pending :TOTAL TESTOSTERONE, PROGESTERONE, E2, ZINC, RED CELL

SOPP, NICOLA NICKY
57 ST CATHERINES TCE, WYNNUM. 4178
Phone: 33964498
Birthdate: 21/09/1966 Sex: F Medicare Number: 23875911871
Your Reference: Lab Reference: 24-75847848-FHM-0
Laboratory: QML Pathology
Addressee: DR JULIE OCONNELL Referred by: DR JULIE OCONNELL
Copy to:
BRISBANE UNKNOWN DOCTOR

Name of Test: FERTILITY HORMONE MASTER
Requested: 21/05/2024 Collected: 28/05/2024 Reported: 30/05/2024 02:25

Oestradiol	70	pmol/L	
Progesterone	1	nmol/L	
Testosterone	1.1	nmol/L	(0.4-2.1)
Ranges:	Follicular Phase	Midcycle Peak	Luteal Phase
LH	2 - 12	10 - 130	1 - 17
FSH	1 - 10	3 - 33	1 - 9
Oestradiol	70 - 530	230 - 1310	200 - 790
Progesterone	< 5	rising	20 - 110

Tests Completed:TSH, FREE T4, FREE T3, IRON STUDIES, TOTAL TESTOSTERONE, PROGESTERONE
Tests Completed:E2, INSULIN, SE CORTISOL, FBC, SE E/LFT, BL HBA1C, SE MG, ESR, DHEAS
Tests Pending :ZINC, RED CELL

SOPP, NICOLA NICKY
57 ST CATHERINES TCE, WYNNUM. 4178
Phone: 33964498
Birthdate: 21/09/1966 Sex: F Medicare Number: 23875911871

Your Reference: **Lab Reference:** 24-75847848-RZN-0
Laboratory: QML Pathology
Addressee: DR JULIE OCONNELL **Referred by:** DR JULIE OCONNELL
Copy to:
BRISBANE UNKNOWN DOCTOR

Name of Test: ZINC,RED CELL
Requested: 21/05/2024 **Collected:** 28/05/2024 **Reported:** 31/05/2024 07:23

RED CELL ZINC

This sample has been referred to the Royal North Shore Hospital and results are expected within 7 days.

Tests Completed:TSH, FREE T4, FREE T3, IRON STUDIES, TOTAL TESTOSTERONE, PROGESTERONE
Tests Completed:E2, INSULIN, SE CORTISOL, FBC, SE E/LFT, BL HBA1C, SE MG, ESR, DHEAS
Tests Pending :ZINC, RED CELL

SOPP, NICOLA NICKY
57 ST CATHERINES TCE, WYNNUM. 4178
Phone: 33964498
Birthdate: 21/09/1966 **Sex:** F **Medicare Number:** 23875911871
Your Reference: **Lab Reference:** 24-75847848-RZN-0
Laboratory: QML Pathology
Addressee: DR JULIE OCONNELL **Referred by:** DR JULIE OCONNELL

Name of Test: ZINC,RED CELL
Requested: 21/05/2024 **Collected:** 28/05/2024 **Reported:** 10/06/2024 13:41

+ Red Cell Zinc 243 umol/L (138-230)

The Red Cell Zinc assay was performed and reported by the Royal North Shore Hospital, NSW.

Tests Completed:TSH, FREE T4, FREE T3, IRON STUDIES, TOTAL TESTOSTERONE, PROGESTERONE
Tests Completed:E2, INSULIN, SE CORTISOL, FBC, SE E/LFT, BL HBA1C, ZINC, RED CELL
Tests Completed:SE MG, ESR, DHEAS
Tests Pending :

Sopp, Nicole Nicky
57 street Catherines Terrace, WYNNUM. 4178
Phone: 0403813376
Birthdate: 21/09/1966 **Sex:** F **Medicare Number:** 23875911871
Your Reference: 2024BR0000983 **Lab Reference:** 2024BR0000983-1
Laboratory: Brisbane Radiology
Addressee: Dr JULIE O'CONNELL **Referred by:** Dr JULIE O'CONNELL

Name of Test: US NECK-THYROID-PAROTID
Requested: 10/06/2024 **Collected:** 10/06/2024 **Reported:** 11/06/2024 14:28



Sopp, Nicole Nicky	Address: 57 street Catherines Terrace QLD 4178	Patient Id: L160437
DOB: 21/09/1966		Accession #: 2024BR0000983-1
Gender: F		Exam Date: 10-06-2024 14:31:00

[Click here to view images](#)

EXAMINATION:

Ultrasound neck - thyroid.

CLINICAL INDICATION:

Hashimoto's.

FINDINGS:

Adequate ultrasound images obtained.

Right lobe appears small with a volume of 2cc, 33 x 10 x 13mm. Echotexture was heterogeneous with vascularity increased, in keeping with known Hashimoto's.

Two lymph nodes inferior to the right lobe, 4mm and 6mm noted in maximum diameter with normal morphology.

Left lobe again appears small with a volume of 2cc, 33 x 14 x 9mm.

Heterogeneous echotexture with increased vascularity.

No significantly enlarged lymph nodes.

COMMENT:

Small thyroid with heterogeneous echotexture and increased vascularity.

Small thyroid gland is seen in chronic cases of Hashimoto's with increased vascularity .

Thank you for your referral,

[Image "pasted.bmp-20240402152858"]

Dr Ben Pearch

Diagnostic & Interventional Radiologist

MBBS, FRANZCR, FRCR, EBIR

Brisbane Radiology - **NOW BULK BILLING** diagnostic digital X-ray, Spectral CT and Ultrasound

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