

Patient Health Summary

Name: Miss Janine Dungate
Address: Unit 9, 311 Golden Four Drive
Bilinga 4225
D.O.B.: 20/04/1978
Record No.: 73446
Home Phone:
Work Phone:
Mobile Phone: 0478 299 970

Coolangatta Medical Centre
91 Griffith Street
Coolangatta 4225
0755991400

Printed on 18th August 2025

Investigations:

DUNGATE, JANINE
UNIT 9, 311 GOLDEN FOUR DRIVE, BILINGA. 4225
Phone: 0478299970
Birthdate: 20/04/1978 Sex: F Medicare Number: 28368473731
Your Reference: Lab Reference: 25-16347919-HPM-0
Laboratory: 4Cyte Pathology
Addressee: Dr GABRIELA SOUSA ROCHA Referred by: Dr GABRIELA SOUSA ROCHA

Name of Test: Full Blood Count
Requested: 08/08/2025 Collected: 11/08/2025 Reported: 11/08/2025 16:13

Clinical Notes: routine bloods - history of iron deficiency

Full Blood Count (Whole Blood)

Coll Date:	01/09/23	10/01/25	11/08/25		
Coll Time:	10:11	15:21	08:03		
Lab Number:	11231772	14665702	16347919		
HAEMOGLOBIN	137	132	135	(115-165)	g/L
RBC	4.3	4.1	4.1	(3.7-5.8)	10 ¹² /L
HCT	0.40	0.40	0.41	(0.35-0.47)	
MCV	94.2	96.6	99.3	(80.0-100.0)	fL
MCH	32	32	33	(27-34)	pg
MCHC	342	330	333	(300-360)	g/L
RDW	12.0	12.6	12.1	(10.0-15.0)	%
WCC	6.2	7.0	4.7	(4.0-11.0)	
Neutrophils	4.2	4.5	2.6	(2.0-8.0)	
Lymphocytes	1.4	1.6	1.5	(1.0-4.0)	
Monocytes	0.5	0.5	0.5	(0.1-1.1)	
Eosinophils	0.1	0.3	0.1	(< 0.9)	
Basophils	0.0	0.0	0.0	(< 0.3)	
PLATELETS	220	259	219	(150-450)	10 ⁹ /L
MPV	8.4	10.8	10.6	(6.5-15.0)	fL

No significant abnormality.

Due to recent FBC instrumentation change, the FBC reference ranges have been slightly adjusted for most parameters.

Tests to follow: BSL,TFT,CHEM,FE,FATS,HbA1C

DUNGATE, JANINE
 UNIT 9, 311 GOLDEN FOUR DRIVE, BILINGA. 4225
Phone: 0478299970
Birthdate: 20/04/1978 **Sex:** F **Medicare Number:** 28368473731
Your Reference: **Lab Reference:** 25-16347919-THM-0
Laboratory: 4Cyte Pathology
Addressee: Dr GABRIELA SOUSA ROCHA **Referred by:** Dr GABRIELA SOUSA ROCHA

Name of Test: Thyroid
Requested: 08/08/2025 **Collected:** 11/08/2025 **Reported:** 12/08/2025 08:05

Clinical Notes: routine bloods - history of iron deficiency
Pathologist: A/Prof P. Stewart

Thyroid (Serum)

Coll Date:	10/01/25	17/03/25	11/08/25		
Coll Time:	15:21	10:36	08:03		
Lab Number:	14665702	15171632	16347919		
TSH	1.66	2.27	2.15	(0.50-4.00)	mIU/L
Free T4		13.8	13.0	(10.0-22.7)	pmol/L
Free T3		4.3	5.3	(3.5-7.5)	pmol/L
TPO Ab		< 28.0		(< 60.0)	IU/mL
Thyroglobulin Ab		< 1.3		(< 4.5)	IU/mL
Thyroid Stim Ig		< 0.10		(< 0.55)	IU/L

Euthyroid.

Tests to follow: HbA1c

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Your Reference: **Lab Reference:** 25-16347919-RCM-0
Laboratory: 4Cyte Pathology
Addressee: Dr GABRIELA SOUSA ROCHA **Referred by:** Dr GABRIELA SOUSA ROCHA

Name of Test: Biochemistry, Serum
Requested: 08/08/2025 **Collected:** 11/08/2025 **Reported:** 12/08/2025 08:13

Clinical Notes: routine bloods - history of iron deficiency
Pathologist: A/Prof P. Stewart

Biochemistry (Serum)

Coll Date:	22/07/23	10/01/25	11/08/25		
Coll Time:	11:32	15:21	08:03		
Lab Number:	10916838	14665702	16347919		
Sodium	139	140	141	(135-145)	mmol/L
Potassium	4.0	3.9	4.4	(3.5-5.3)	mmol/L
Chloride	98	104	104	(95-110)	mmol/L
Bicarbonate	29	28	26	(22-32)	mmol/L
Anion Gap	16	12	15	(8-19)	mmol/L
Urea	3.9	2.7	4.4	(3.2-8.2)	mmol/L
Creatinine	69	80	74	(45-90)	umol/L
eGFR	> 90	76	83	(> 59)	
Urate	0.24	0.23	0.25	(0.15-0.40)	mmol/L
Total Protein	75	71	69	(60-80)	g/L
Globulin	34	30	27	(23-39)	g/L

Albumin	41	41	42	(34-50)	g/L
Bilirubin	7	5	11	(< 21)	umol/L
Alk. Phosphatase	66	60	46	(30-110)	U/L
Gamma GT	15	16	14	(< 36)	U/L
ALT	26	18	37	H (< 35)	U/L
AST	32	H 26	34	H (< 30)	U/L
LD	234	205	167	(120-250)	U/L
Calcium	2.46	2.40	2.38	(2.10-2.60)	mmol/L
Adj. Calcium	2.44	2.38	2.34	(2.10-2.60)	mmol/L
Phosphate	1.40	1.25	1.41	(0.75-1.50)	mmol/L

Tests to follow: HbA1C

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Phone: 0478299970
Birthdate: 20/04/1978 **Sex:** F **Medicare Number:** 28368473731
Your Reference: **Lab Reference:** 25-16347919-GLM-0
Laboratory: 4Cyte Pathology
Addressee: Dr GABRIELA SOUSA ROCHA **Referred by:** Dr GABRIELA SOUSA ROCHA

Name of Test: Glucose
Requested: 08/08/2025 **Collected:** 11/08/2025 **Reported:** 12/08/2025 08:13

Clinical Notes: routine bloods - history of iron deficiency
Pathologist: A/Prof P. Stewart

Glucose (Serum)

Coll Date:	22/07/23	10/01/25	11/08/25
Coll Time:	11:32	15:21	08:03
Lab Number:	10916838	14665702	16347919

Glucose Random	3.8	5.6	(3.0-7.7)	mmol/L
Glucose Fasting			4.7	(3.0-5.4) mmol/L

Diabetes unlikely (no documented laboratory history of diabetes). Retest every 3 years if low risk.

Tests to follow: HbA1C

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Phone: 0478299970
Birthdate: 20/04/1978 **Sex:** F **Medicare Number:** 28368473731
Your Reference: **Lab Reference:** 25-16347919-LPM-0
Laboratory: 4Cyte Pathology
Addressee: Dr GABRIELA SOUSA ROCHA **Referred by:** Dr GABRIELA SOUSA ROCHA

Name of Test: Lipid Studies
Requested: 08/08/2025 **Collected:** 11/08/2025 **Reported:** 12/08/2025 08:13

Clinical Notes: routine bloods - history of iron deficiency
Pathologist: A/Prof P. Stewart

Lipid Studies (Serum)

Coll Date:	22/07/23	10/01/25	11/08/25
Coll Time:	11:32	15:21	08:03

Lab Number: 10916838 14665702 **16347919**

Status	Random	Random	Fasting		
Cholesterol	4.8	4.3	5.2	(< 5.6)	mmol/L
Triglyceride	4.3 H	3.2 H	1.0	(< 2.1)	mmol/L
HDL-c		1.3	1.5	(> 1.1)	mmol/L
LDL-c		1.6	3.2 H	(< 3.1)	mmol/L
TC/HDL-c		3.3	3.5	(< 4.5)	
Non-HDL-c		3.0	3.7	(< 4.1)	mmol/L

National Heart Foundation treatment targets for high risk patients:

Cholesterol	<4.0
Triglyceride	<2.0
HDL-c	>1.0
LDL-c	<2.5 (<1.8 mmol/L for very high risk)
Non-HDL-c	<3.3 (<2.5 mmol/L for very high risk)

Tests to follow: HbA1C

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Phone: 0478299970
Birthdate: 20/04/1978 **Sex:** F **Medicare Number:** 28368473731
Your Reference: **Lab Reference:** 25-16347919-FEM-0
Laboratory: 4Cyte Pathology
Addressee: Dr GABRIELA SOUSA ROCHA **Referred by:** Dr GABRIELA SOUSA ROCHA

Name of Test: Iron Studies
Requested: 08/08/2025 **Collected:** 11/08/2025 **Reported:** 12/08/2025 08:14

Clinical Notes: routine bloods - history of iron deficiency
Pathologist: A/Prof P. Stewart

Iron Studies (Serum)

Coll Date:	01/09/23	10/01/25	11/08/25
Coll Time:	10:11	15:21	08:03
Lab Number:	11231772	14665702	16347919

Ferritin	31	24 L	93	(30-200)	ug/L
Iron	31 H	11	26	(9-30)	umol/L
Transferrin	2.9	2.9	2.7	(2.0-3.6)	g/L
Transferrin Sat.	42	15	38	(15-50)	%

Tests to follow: HbA1C

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Phone: 0478299970
Birthdate: 20/04/1978 **Sex:** F **Medicare Number:** 28368473731
Your Reference: **Lab Reference:** 25-16347919-GHB-0
Laboratory: 4Cyte Pathology
Addressee: Dr GABRIELA SOUSA ROCHA **Referred by:** Dr GABRIELA SOUSA ROCHA

Name of Test: HbA1c
Requested: 08/08/2025 **Collected:** 11/08/2025 **Reported:** 12/08/2025 14:12

Clinical Notes: routine bloods - history of iron deficiency

Diabetic Testing (Whole Blood)

Coll Date:	10/01/25	11/08/25
Coll Time:	15:21	08:03
Lab Number:	14665702	16347919

HbA1c (NGSP)	5.5	5.2	(4.0-5.9)	%
HbA1c (IFCC)	36	33	(20-41)	mmol/mol

Tests to follow: All Tests now completed