

NATUROPATHIC NUTRITIONAL SUPPLEMENT ANALYSIS

NAME: Ashley Tucker
DATE: 17 August 2023

OUTLINE

We aim to assess and provide continual naturopathic nutritional management services for you.

The Benefits of the Naturopathic Nutritional Assessment

The main feature of the naturopathic assessment is that the mixed herbal supplements, to be ingested by you, aims to work together with your biological system to stimulate, strengthen and direct your natural balance processes, to enable it to:

- assist in the quick recovery of ill health;
- improve and maintain your health;
- restore your homoeostasis; and
- assist in optimising your own biological system and your performance capabilities.

This is achieved by your digestive system naturally extracting the body's required nutrients, vitamins and minerals from the herbal and botanical supplements. Processed foods and unhealthy diet should be avoided on an ongoing basis as they may create an imbalanced and underperforming system and may interfere with the recommended assessment supplement program.

It is recommended that the best care for you is achieved through continual naturopathic assessment and a balanced nutrition over your life.

The Report

The report annexed hereto aims to naturopathically assess your overall wellbeing through the *Non Invasive* analysis of your hair. *This report is not a replacement for the normal medical care received by you.*

In addition, for a proper assessment please provide details of your gender, age, current medical treatments, medication, a list of allergies and details of your diet. This requested information is to be provided with your hair sample.

The naturopathic nutritional supplements

Based on our naturopathic assessment of your nutritional requirements and resulting health, we specifically design an individual naturopathic nutritional dietary supplement program for you. Each supplement sachet and/or vial ordered as part of the program contains organic mixtures mixed specifically for your naturopathically assessed requirement.

We note that the supplements should not be taken without consultation where medical treatment and medicines are being administered during the assessment. Please advise us immediately as to any medical treatments that are or intended to be administered during or prior to undertaking this assessment process. In addition, please advise us as to any allergies or conditions peculiar to your health prior to ordering and taking the supplements.

APPLICATION OF SUPPLEMENTS

The naturopathic nutritional supplements as set out in the purchase order are to be taken as daily supplements in the recommended dosages.

ANNEXURE – COMPLETE NATUROPATHIC ASSESSMENT REPORT

System	Description
BIOCHEMISTRY	<ul style="list-style-type: none"> Globulin, a₂ elevated after tissue damage / g elevated after bacterial infection, part of the antibody response
BLOOD MINERAL LEVELS	<ul style="list-style-type: none"> Low Silicon and low Zinc levels are indicated. May result in possible lethargy, hair loss, brittle nails and hair, fatigue, indigestion, nausea, muscle weakness and irritability. Selenium is an important antioxidant. Low Choline and low Folic Acid levels are indicated. May result in possible high cholesterol, fatigue, abdominal pain, constipation, irritability and headaches. Low Vitamin B2 (Riboflavin), low Vitamin B12 and low essential fatty acid levels are indicated. May result in possible dizziness, insomnia, high blood pressure, dry skin, bruising, muscular weakness, hair loss, lethargy, irritability and fatigue.
COLON INTOXICATION	<p>The following are indicated:</p> <ul style="list-style-type: none"> Phenol: may cause damage to the intestine mucous membrane, liver and kidney
DIGESTIVE	<p><u>Stomach:</u></p> <p><i>Possible symptoms:</i></p> <ul style="list-style-type: none"> Slow digestion Lack of enzymes and acids Poor digestion Poor absorption of B12 <p><i>Indicated:</i> Campylobacter</p> <p><u>Pancreas:</u></p> <p><i>Possible symptoms:</i></p> <ul style="list-style-type: none"> Allergies <p><i>Indicated:</i> Cytomegalovirus, Toxigenic, Candidiasis</p>

	<p><u>Liver:</u></p> <p><i>Possible symptoms:</i></p> <ul style="list-style-type: none"> • Headache • Poor or no fat digestion/absorption • Constipation <p><i>Indicated:</i> Toxigenic, Candidiasis, Potatoes, Gluten, Wheat, Yeast</p> <p><u>Small intestine:</u></p> <p><i>Possible symptoms:</i></p> <ul style="list-style-type: none"> • Poor assimilation <p><i>Indicated:</i> Round Worm, Toxigenic, Candidiasis, Potatoes, Gluten, Wheat, Yeast</p>
ELIMINATIVE SYSTEM	<p><u>Skin:</u></p> <p><i>Possible symptoms:</i></p> <ul style="list-style-type: none"> • Loss of hair • Dry skin <p><i>Indicated:</i> Candidiasis, Toxigenic</p> <p><u>Colon:</u></p> <p><i>Possible symptoms:</i></p> <ul style="list-style-type: none"> • Headaches • Congested, caked mucus lining <p><i>Indicated:</i> Candidiasis, Toxigenic, Round Worm, Potatoes, Gluten, Wheat, Yeast</p>
HAEMATOLOGY	<ul style="list-style-type: none"> • Mean corpuscular volume (MCV), immature red blood cells are larger than mature ones, so the MCV is helpful in determining the type of anaemia. • White blood cells (WBC), generally raised during bacterial infection

<p>GLANDULAR SYSTEM</p>	<p><u>Pancreas:</u></p> <p><i>Possible symptoms:</i></p> <ul style="list-style-type: none"> • Anxiety <p><i>Indicated:</i> Cytomegalovirus, Toxigenic, Candidiasis, Potatoes, Gluten, Wheat, Yeast</p> <p><u>Adrenals</u></p> <p><i>Possible symptoms:</i></p> <ul style="list-style-type: none"> • Fatigue • Weight loss or gain • Difficulty getting started in the morning <p><i>Indicated:</i> Cytomegalovirus, Toxigenic</p> <p><u>Pituitary</u></p> <p><i>Possible symptoms:</i></p> <ul style="list-style-type: none"> • Inability to lose weight • Slow metabolism and glandular secretions tending to make a person slow in general <p><i>Indicated:</i> Cytomegalovirus, Toxigenic</p> <p><u>Thyroid</u></p> <p><i>Possible symptoms:</i></p> <ul style="list-style-type: none"> • Loss of hair <p><i>Indicated:</i> Cytomegalovirus, Toxigenic, Candidiasis, Potatoes, Gluten, Wheat, Yeast</p>
<p>LYMPHATIC</p>	<p><i>The following are indicated:</i> Toxigenic, Candidiasis, Potatoes, Gluten, Wheat</p> <p><i>The following Lymphatic system is indicated:</i></p> <ul style="list-style-type: none"> • Axillary lymph nodes • Cisterna chyli • Lumbar lymph nodes • Popliteal lymph nodes

<p>REPRODUCTIVE SYSTEM</p>	<p><u>Uterus:</u></p> <p><i>Possible symptoms:</i></p> <ul style="list-style-type: none"> • Constipation <p><i>Indicated:</i> Candidiasis, Toxigenic</p> <p><u>Mammary glands:</u></p> <p><i>Possible symptoms:</i></p> <ul style="list-style-type: none"> • Pain just before periods <p><i>Indicated:</i> Candidiasis, Toxigenic</p>
<p>SKELETAL SYSTEM</p>	<p>Possible Pain and Inflammation is indicated in the following:</p> <p><i>Anterior</i></p> <ul style="list-style-type: none"> • Clavicle
<p>SPINAL VERTEBRAE</p>	<p>Possible Pain and Inflammation is indicated in the following:</p> <ul style="list-style-type: none"> • T4 Breast, Sweat gland • T5 Heart (L) Pericardium (R) • L1 Adrenal Gland
<p>GENERAL WELL BEING</p>	<ul style="list-style-type: none"> • A significant improvement of the biological system will be achieved after the intake of our supplement range. It is recommended that a significant detoxification occur for six weeks, followed by a re-assessment. There is a need to strengthen immune system by removal of bacteria, parasites and other infections in the body that are causing conditions, whilst also improving its absorption of vitamins and minerals.

SIX WEEK SUPPLEMENT & DOSAGE PROGRAM

Supplements	Week1 Dosage per day	Week2 Dosage per day	Week3 Dosage per day	Week4 Dosage per day	Week5 Dosage per day	Week6 Dosage per day
Primary						
<i>De-Tox,100g</i>	1/2 Tsp x 2 per day	1/2 Tsp x 2 per day	1/2 Tsp x 2 per day	1/2 Tsp x 2 per day	1/2 Tsp x 2 per day	1/2 Tsp x 2 per day
<i>Mag-N-Zone,100g</i>	1/2 Tsp x 2 per day	1/2 Tsp x 2 per day	1/2 Tsp x 2 per day	1/2 Tsp x 2 per day	1/2 Tsp x 2 per day	1/2 Tsp x 2 per day
<i>Radiance, 100g</i>	1/2 Tsp x 2 per day	1/2 Tsp x 2 per day	1/2 Tsp x 2 per day	1/2 Tsp x 2 per day	1/2 Tsp x 2 per day	1/2 Tsp x 2 per day
<i>Immune Support</i>	As directed	As directed	As directed	As directed	As directed	As directed
<i>Probiotics</i>	As directed	As directed	As directed	As directed	As directed	As directed
<i>M S M Plus</i>	As directed	As directed	As directed	As directed	As directed	As directed
<i>P S Calm</i>	As directed	As directed	As directed	As directed	As directed	As directed
<i>Lugol Solution</i>	As directed	As directed	As directed	As directed	As directed	As directed
<i>Maca</i>	As directed	As directed	As directed	As directed	As directed	As directed
<i>NatraMin</i>	As directed	As directed	As directed	As directed	As directed	As directed

Tsp – Teaspoon

HF- 1-2-3-9-10
(as directed)