

NATUROPATHIC NUTRITIONAL SUPPLEMENT ANALYSIS

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OUTLINE

We aim to assess and provide continual naturopathic nutritional management services for you.

The Benefits of the Naturopathic Nutritional Assessment

The main feature of the naturopathic assessment is that the mixed herbal supplements, to be ingested by you, aims to work together with your biological system to stimulate, strengthen and direct your natural balance processes, to enable it to:

- assist in the quick recovery of ill health;
- improve and maintain your health;
- restore your homoeostasis; and
- assist in optimising your own biological system and your performance capabilities.

This is achieved by your digestive system naturally extracting the body's required nutrients, vitamins and minerals from the herbal and botanical supplements. Processed foods and unhealthy diet should be avoided on an ongoing basis as they may create an imbalanced and underperforming system and may interfere with the recommended assessment supplement program.

It is recommended that the best care for you is achieved through continual naturopathic assessment and a balanced nutrition over your life.

The Report

The report annexed hereto aims to naturopathically assess your overall wellbeing through the *Non-Invasive* analysis of your hair. *This report is not a replacement for the normal medical care received by you.*

In addition, for a proper assessment please provide details of your gender, age, current medical treatments, medication, a list of allergies and details of your diet. This requested information is to be provided with your hair sample.

The naturopathic nutritional supplements

Based on our naturopathic assessment of your nutritional requirements and resulting health, we specifically design an individual naturopathic nutritional dietary supplement program for you. Each supplement sachet and/or vial ordered as part of the program contains organic mixtures mixed specifically for your naturopathically assessed requirement.

We note that the supplements should not be taken without consultation where medical treatment and medicines are being administered during the assessment. Please advise us immediately as to any medical treatments that are or intended to be administered during or prior to undertaking this assessment process. In addition, please advise us as to any allergies or conditions peculiar to your health prior to ordering and taking the supplements.

APPLICATION OF SUPPLEMENTS

The naturopathic nutritional supplements as set out in the purchase order are to be taken as daily supplements in the recommended dosages.

ANNEXURE – COMPLETE NATUROPATHIC ASSESSMENT REPORT

System	Description
BLOOD MINERAL LEVELS	<ul style="list-style-type: none"> Low Vitamin B2 (Riboflavin) and low essential fatty acid levels are indicated. May result in possible dizziness, insomnia, high blood pressure, dry skin, bruising, muscular weakness, hair loss, lethargy, irritability and fatigue.
DIGESTIVE	<p><u>Stomach:</u></p> <p><i>Possible symptoms:</i></p> <ul style="list-style-type: none"> Headaches, nausea, hunger pangs Poor digestion Pain after meals (immediate) <p><u>Pancreas:</u></p> <p><i>Possible symptoms:</i></p> <ul style="list-style-type: none"> Allergies <p><i>Indicated:</i> Toxigenic</p> <p><u>Liver:</u></p> <p><i>Possible symptoms:</i></p> <ul style="list-style-type: none"> Poor or no fat digestion/absorption <p><i>Indicated:</i> Toxigenic, Dairy, Wheat, Yeast</p> <p><u>Small intestine:</u></p> <p><i>Possible symptoms:</i></p> <ul style="list-style-type: none"> Lack of peristaltic movement <p><i>Indicated:</i> Toxigenic, Dairy, Wheat, Yeast</p>
ELIMINATIVE SYSTEM	<p><u>Colon:</u></p> <p><i>Possible symptoms:</i></p> <ul style="list-style-type: none"> Tenderness in abdomen Low vitamin production <p><i>Indicated:</i> Toxigenic, Dairy, Wheat, Yeast</p>

HAEMATOLOGY	<ul style="list-style-type: none"> • White blood cells (WBC), generally raised during bacterial infection • Erythrocyte Sedimentation Rate (ESR), level is increased during any inflammatory process.
LYMPHATIC	<p><i>The following are indicated:</i> Toxigenic, Dairy, Wheat</p> <p><i>The following Lymphatic system is indicated:</i></p> <ul style="list-style-type: none"> • Cervical lymph nodes
GENERAL WELL BEING	<ul style="list-style-type: none"> • A significant improvement of the biological system will be achieved after the intake of our supplement range. It is recommended that a significant detoxification occur for six weeks, followed by a re-assessment. There is a need to strengthen immune system by removal of bacteria, parasites and other infections in the body that are causing conditions, whilst also improving its absorption of vitamins and minerals.

Assess No. 23CHA197 Micah Tucker

SIX WEEK SUPPLEMENT & DOSAGE PROGRAM

Supplements	Week1 Dosage per day	Week2 Dosage per day	Week3 Dosage per day	Week4 Dosage per day	Week5 Dosage per day	Week6 Dosage per day
Primary						
<i>Olive Leaf</i>	As directed	As directed	As directed	As directed	As directed	As directed
<i>Slippery Elm</i>	As directed	As directed	As directed	As directed	As directed	As directed
<i>Colonial Silver</i>	As directed	As directed	As directed	As directed	As directed	As directed

Tsp – Teaspoon

HF- 1-2-3-4-12

(as directed)