

Lab ID 944802710

DOB 13/07/1989 (36 Yrs FEMALE)

Referrer Dr Virginia French

Your ref. 3908

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Requested 16/07/2025

Clinical Notes Low sun exposure irregular periods. Fasting., day 1-2 cycle

Collected 29/07/2025 07:41

Received 29/07/2025 07:43

VITAMIN STUDIES

Test Name	Result	Reference Interval	Units
25-OH Vitamin D	84	50 - 140	nmol/L

According to the Position Statement 'Vitamin D and health in adults in Australia and New Zealand' MJA, 196(11):686-687, 2012, Vitamin D status is defined as:
Mild Deficiency 30 - 49 nmol/L
Moderate Deficiency 12.5 - 29 nmol/L
Severe Deficiency <12.5 nmol/L
Vitamin D adequacy can be defined as a level >49 nmol/L at the end of winter - the level may need to be 10 - 20 nmol/L higher at the end of summer, to allow for seasonal decrease.

SH

NATA ACCREDITATION NO 3448

Reported on 29-Jul-25 12:43