

Lab ID 944802710

DOB 13/07/1989 (36 Yrs FEMALE)

Referrer Dr Virginia French

Your ref. 3908

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Requested 16/07/2025

Clinical Notes Low sun exposure irregular periods. Fasting., day 1-2 cycle

Collected 29/07/2025 07:41

Received 29/07/2025 07:43

## LIPID STUDIES

Test Name	Result	Reference Interval	Units
Chol.	4.1	3.5 - 5.5	mmol/L
HDL	1.6	>0.8	mmol/L
LDL	2.1	<3.5	mmol/L
Trigs.	0.81	0.50 - 2.00	mmol/L
Tot/HDL	2.6	<5.1	mmol/L
Non-HDL Cholesterol	2.5	<4.0	mmol/L

According to the current Lipid Management Guidelines (2012) the suggested targets are:  
<4.0mmol/L Total Cholesterol (TC)  
<2.0mmol/L Triglycerides (TG)  
>=1.0mmol/L HDL Cholesterol (HDL-C)  
<2.0mmol/L LDL Cholesterol (LDL-C)  
The National Vascular Disease Prevention Alliance (NVDPA) guidelines recommend a target level of less than 2.5 mmol/L for non-HDLC. Compared to other lipid parameters, increased non-HDLC is the most significant marker for subclinical atherosclerosis.  
(ref: Cardiology Today 2013; 3(2): pp25-27).

CA

NATA ACCREDITATION NO 3448

Reported on 29-Jul-25 11:03