

Dr Menopause

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Date 05-Sep-2025



Personal Details

Name	Louise Garland	Email	louisegarland@gmail.com	
Phone		D.O.B	22-Dec-1978	Age 46
Mobile	0210301737	Gender	Female	
NHI Number	AUZ4805			
Address	43C Kervil Avenue, Te Atatu Peninsula, Auckland 0610			

Observation / Request Date: 02-Sep-2025

Request Id:
25-37055785

Requested By:
Eastwood Maria

Iron Studies

Test	Results	Flags	Units	Ref. Range
Ferritin	41		ug/L	20 - 380

Reproductive Hormones

Test	Results	Flags	Units	Ref. Range
FSH	3.1		U/L	
LH	4.3		U/L	
Oestradiol	622		pmol/L	
Progesterone	2		nmol/L	

ACOMMENT

Interpretation: F.S.H. L.H. Oestradiol
Follicular 3 - 10 2 - 8 50 - 850
Mid-cycle 4 - 25 10 - 75 150 - 1450
Luteal 2 - 8 2 - 8 85 - 1250
Post Menopausal > 20 > 15 < 180
Pregnant < 1 < 1

Interpretation: PROGESTERONE
Adult Female <6 nmol/L - not indicative of ovulation
6 - 25 nmol/L - indicative of possible ovulation
>25 nmol/L - consistent with ovulation
Post Menopausal Females <3 nmol/L
Normal Males <2 nmol/L

DHEA supplements can interfere with the progesterone assay, causing possible false elevation. For further information contact the Labtests chemical pathologist.

Comment

Not biochemically consistent with perimenopause as LH > FSH.

Testosterone

Test	Results	Flags	Units	Ref. Range
Testosterone	1.1		nmol/L	< 1.9

ACOMMENT

Specimen taken on 02/09/25 at 07:49

Thyroid Function Tests

Test	Results	Flags	Units	Ref. Range
T4 (free)	16.3		pmol/L	12.0 - 22.0
TSH	2.4		mIU/L	0.27 - 4.20

Comment

Consistent with euthyroidism. If on replacement therapy, annual monitoring is usually sufficient in stable patients compliant with treatment.