

Date	Day of Cycle	Androderm Cream 12.5mg	C0Q10 300mg	Growth Hormone 1iu	Aspirin 100mg	Prednisolone 10mg	Naltrexone 4.5mg	Decapeptyl 100mcg	Menopur 300iu	Menopur 300iu	Orgalutran / Ganarelix 250mcg	Blood test/ Ultrasound	Comments
		Same time daily- AM To start 3-4 weeks prior to day 1	Same time daily- AM To start 3-4 weeks prior to day 1	Same time daily- AM To start 1 week prior to day 1	Once daily - AM To start on day 2 of the cycle	Once daily - AM To start on day 2 of the cycle	Once daily - PM To start on day 2 of the cycle	Same time daily Day 2 & 3 of the cycle only	Same time daily- AM To start on day 3 of the cycle	Same time daily- PM To start on day 3 of the cycle	Same time daily- AM To start on day 7 of the cycle		
	3-4 weeks prior to day 1	1 st Dose 12.5mg	1 st Dose 300mg										
	1 week prior to day 1	12.5mg	300mg	1 st Dose 1iu									
	1	Last dose 12.5mg	300mg	1iu									Full flow before 12pm midday. Call/Email your nurse
	2		300mg	1iu	1 st Dose 100mg	1 st Dose 10mg	1 st Dose 4.5mg	1 st Dose 100mcg				✓ Full bladder	
	3		300mg	1iu	100mg	10mg	4.5mg	Last Dose 100mcg	1 st Dose 300iu	1 st Dose 300iu			
	4		300mg	1iu	100mg	10mg	4.5mg		300iu	300iu			
	5		300mg	1iu	100mg	10mg	4.5mg		300iu	300iu			
	6		300mg	1iu	100mg	10mg	4.5mg		300iu	300iu			
	7		300mg	1iu	100mg	10mg	4.5mg		300iu	300iu	1 st Dose 250mcg		
	8		300mg	1iu	100mg	10mg	4.5mg		300iu	300iu	250mcg		
	9		300mg	1iu	100mg	10mg	4.5mg		300iu	300iu	250mcg	✓ Empty bladder	Continue all medication until advised
	10		300mg	1iu	100mg	10mg	4.5mg		300iu	300iu	250mcg		
	11		300mg	1iu	100mg	10mg	4.5mg		300iu	300iu	250mcg		
	12		300mg	1iu	100mg	10mg	4.5mg		300iu	300iu	250mcg		
	13		300mg	1iu	100mg	10mg	4.5mg		300iu	300iu	250mcg		

LUTEAL SUPPORT - TO BE CONTINUED UNTIL ADVISED OTHERWISE

Day 0 indicates day of Egg Collection	Day of Cycle	Ovidrel 250mcg Once only 36hrs prior to Egg collection	Intralipids 200ml Once only To be administered at the time of Egg Collection	Clexane 40mg Same time daily - PM To start the day after Egg Collection	Crinone Gel 90mg Twice daily AM & PM To start the day after Egg Collection	Tacrolimus 1mg Twice daily To start 3 days before Embryo Transfer	Comments
0	Day of Egg Collection		200ml				
1	Day after Egg Collection			1 st Dose 40mg	1 st Dose 90mg AM+PM		
2				40mg	90mg AM+PM	1 st Dose 2mg	
3				40mg	90mg AM+PM	2mg	
4				40mg	90mg AM+PM	2mg	
5	Embryo Transfer			40mg	90mg AM+PM	2mg	

