



Lab ID 539868943

DOB 10/10/1962 (63 Yrs FEMALE)

Referrer To Vera (Patient To Pay) Dahlstrom

Your ref.

Address COMPLEMENTARY MEDICINE 4 JACK ST
ATHERTON QLD 4883

Address 82 WEBSTER RD
WONDECLA QLD 4887

Phone

Phone 0408182211

Copy to To Commercial Testing Department (0733778485)

Requested 17/10/2025

Clinical Notes Not Provided

Collected 17/10/2025 08:24

Received 17/10/2025 08:27

Zinc

Test Name	Result	Reference Interval	Units
Zinc-plasma	13.1	9.0 - 19.0	umol/L

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Reported on 18-Oct-25 12:50



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Test Name	Result	Reference Interval	Units
Sodium	138	135 - 145	mmol/L
Potassium	4.2	3.5 - 5.5	mmol/L
Chloride	103	95 - 110	mmol/L
Bicarbonate	26	20 - 32	mmol/L
Anion Gap	9	<16	mmol/L
Calcium (Corrected)	2.31	2.10 - 2.60	mmol/L
Phosphate	1.40	0.80 - 1.50	mmol/L
Urea	6.2	3.0 - 8.5	mmol/L
Urate	0.283	0.150 - 0.400	mmol/L
Creatinine	72	45 - 85	umol/L
eGFR	77	>59	
Glucose fasting	5.2	3.6 - 6.0	mmol/L
Total Protein	74	63 - 80	g/L
Albumin	38	32 - 44	g/L
Globulin	36	23 - 43	g/L
Bilirubin	7	<16	umol/L
ALP	79	30 - 115	U/L
AST	20	10 - 35	U/L
ALT	14	5 - 30	U/L
GGT	14	5 - 35	U/L
LD	179	<250	U/L
● Cholesterol	8.7 H	<5.6	mmol/L
Triglyceride	1.8	<2.1	mmol/L
Haemolysis Index	3	<40	

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Lipid Profile

Test Name	Result	Reference Interval	Units
● Cholesterol	8.7 H	<5.6	mmol/L
Triglyceride	1.8	<2.1	mmol/L
● HDL	1.01 L	>1.09	mmol/L
● LDL	6.9 H	<4.1	mmol/L
● Tot Chol/HDL	8.6 H	<4.6	
● Non HDLC	7.69 H	<3.81	mmol/L

Comments

LDL is now calculated by the Sampson equation which allows an accurate result at higher triglyceride levels.
Significantly elevated LDL-C. Familial hypercholesterolaemia (FH) should be assessed for if secondary causes of elevated LDL-cholesterol including hypothyroidism, cholestasis and nephrotic syndrome have been excluded: <http://www.athero.org.au/fh/calculator> and recommend referral to lipid specialist for consideration of genetic testing for FH (Medicare-rebate only applies if referred by a non-GP specialist). See www.sonicgenetics.com.au/fh.

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25-OH Vitamin D 89 nmol/L 50 - 150

Comments

Adequate Vitamin D.
Vitamin D measured by Diasorin Liaison.

EA

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Haematinics

Test Name	Result	Reference Interval	Units
Vitamin B12	373	> 150	pmol/L
Homocysteine	8.8	4 - 13	umol/L

Comments

B12 deficiency unlikely due to normal homocysteine level.

Active B12 or Methylmalonic acid (MMA) is available to further clarify B12 status but incurs an out of pocket cost.

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Haematology

Test Name	Result	Reference Interval	Units
Haemoglobin	126	115 - 165	g/L
Haematocrit	0.38	0.35 - 0.47	
Red cell count	4.3	3.9 - 5.6	10 ¹² /L
MCV	90	80 - 100	fL
White cell count	6.6	3.5 - 10.0	10 ⁹ /L
Neutrophils	4.12	1.5 - 6.5	10 ⁹ /L
Lymphocytes	1.83	0.8 - 4.0	10 ⁹ /L
Monocytes	0.55	0 - 0.9	10 ⁹ /L
Eosinophils	0.11	0 - 0.6	10 ⁹ /L
Basophils	0.03	0 - 0.15	10 ⁹ /L
Platelets	291	150 - 400	10 ⁹ /L

HA

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Lipoprotein (a)	34	<75	nmol/L
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Comments

The Australian Atherosclerosis Society suggests the following cardiovascular risk thresholds (Heart Lung Circ. 2023 Mar;32(3):287-296).

Estimated ASCVD risk	Lp(a) level (in nmol/L)
Low	< 100
Moderate	100 - 200
High	200 - 400
Very high	> 400

Higher concentrations of Lipoprotein (a) may be seen in renal impairment, pregnancy, hypothyroidism, growth hormone replacement, and inflammatory conditions. Severe acute phase conditions, hyperthyroidism, and menopausal hormone therapy may decrease concentrations.

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