

Patient **BENNETT Lisa** Ph 0428160197
Address U2 35 Horizon Drive, West Ballina 2478
Ref by Dr Rebecca Olivo

DOB **28-Jan-1959** Requested 22-Sep-2025
Age 66 Yrs Gender F Collected 26-Sep-2025 07:42 h
Lab 533268867 Printed 26-Sep-2025 20:57 h

Lab Brisbane
Enquiries Drs Daley, Kanowski, Price (07)3377 8666 Biochemistry



**SULLIVAN
NICOLAIDES
PATHOLOGY**

VIC

DR REBECCA OLIVO
INSTANT SCRIPTS
LEVEL 8
637 FLINDERS ST
DOCKLANDS VIC 3008

CLINICAL NOTES:
Not Provided

Lipid Profile	24-Jan-25	21-Feb-25	04-Apr-25	14-May-25	27-Jun-25	Latest Results	Reference	Units
	09:00	11:41	07:58	10:32	07:54	26-Sep-25 07:42 533268867		
	525771144	533275140	529145409	527420781	530022579			
Cholesterol	5.7 H	5.5	5.1	4.9	4.8	5.1	(<5.6)	mmol/L
Triglyceride			1.4			1.1	(<2.1)	mmol/L
HDL			1.55			1.41	(>1.09)	mmol/L
LDL			3.0			3.2	(<4.1)	mmol/L
Chol/HDL Ratio			3.3			3.6	(<4.6)	
Non HDLC			3.55			3.69	(<3.81)	mmol/L

Comments on Collection 26-Sep-25 0742 : HDL-Cholesterol
LDL is now calculated by the Sampson equation which allows an accurate result at higher triglyceride levels.
The National Vascular Disease Prevention Alliance (NVDPA) guidelines recommend a target level of less than 2.5 mmol/L for non-HDLC.
TARGET LEVELS:

The National Vascular Disease Prevention Alliance (NVDPA) treatment target levels for high risk people (known coronary heart and other arterial disease, diabetes, chronic renal failure, Aboriginal and Torres Strait Islander peoples and familial hyperlipidaemic conditions) are:

Total Cholesterol <4.0 mmol/L
HDL-Cholesterol >=1.00 mmol/L
Fasting Triglycerides <2.0 mmol/L
Non-HDL Cholesterol <2.5 mmol/L

Increased non-HDL Cholesterol is the most significant marker for subclinical atherosclerosis (ref: Cardiology Today 2013; 3(2) : pp25-27).