



**LOUISE GARLAND**  
**22-Dec-1978**      **Female**

**1 INTERNATIONAL PATIENT**  
**MELBOURNE VIC 3000**

P: 1300 688 522  
E: info@nutripath.com.au

**-.- NUTRISEARCH**  
**NUTRISEARCH PRACTITIONER**  
**PO BOX 8177**  
**HAWKES BAY NEW ZEALAND 1000**

**LAB ID :** 4155338  
**UR NO. :** 6420558  
**Collection Date :** 09-Oct-2025  
**Received Date:** 17-Oct-2025



4155338

**INTEGRATIVE MEDICINE**

URINE, SPOT	Result	Range	Units
<b>URINE IODINE</b>	<b>81</b>		ug/L
<b>Urine Iodine Corrected</b>	<b>63.8</b>		ug/gCR
<b>Urine Iodine Comment</b>			

**RANDOM IODINE COMMENT:**  
Random Iodine levels are expressed as ug Iodine/g Creatinine (to correct for urine concentration), with the following reference ranges (WHO Guidelines);

- >100 ug/gCR      Not Iodine deficient
- 50 - 100 ug/gCR      Mild Iodine deficiency
- 20 - 49 ug/gCR      Moderate Iodine deficiency
- < 20 ug/gCR      Severe Iodine deficiency

Low levels of iodine may lead to hypothyroidism and goitre and in severe cases, intellectual disability.

For High levels of iodine, please correlate clinically. High levels may be due to iodine supplementation and very high levels are seen with patients who have undergone radiological investigations with contrast administration.

<b>Creatinine, Urine Spot.</b>	<b>11.3</b>	<b>2.5 - 19.2</b>	mmol/L	
--------------------------------	-------------	-------------------	--------	--

Tests ordered: UR-IODINE,IMPEI,uIodEx,usCr