

# BAGER, ARWA

DOB: 03/31/1981 Sex: F Phone: (305) 788-5319 Patient ID: 10513

Age: 41 Fasting: Y Specimen: MZ058556C Requisition: 0001102 Lab Reference ID: 34977 Report Status: FINAL / SEE REPORT Collected: 12/29/2022 09:36 Received: 12/29/2022 09:36 Reported: 01/04/2023 11:53 Client #: 73916914 TOLENTINO, JACLYN PARSLEY HEALTH LA 8550 SANTA MONICA BLVD FL 2 WEST HOLLYWOOD, CA 90069-4496 Phone: (833) 447-2775

**FASTING:YES** 

# A ANA SCR, IFA W/REFL TITER/ PATTERN/MPX AB CASCADE

Analyte Value

#### A ANA SCREEN, IFA

Reference Range: NEGATIVE ANA IFA is a first line screen for detecting the presence of up to approximately 150 autoantibodies in

various autoimmune diseases. A positive ANA IFA result is suggestive of autoimmune disease and reflexes to titer, pattern and the 3 tiered Multiplex 11 Antibody Cascade. Testing in the Cascade stops at the first positive result, and does not preclude additional positive results. Further laboratory testing may be considered if clinically indicated.

POSITIVE

For additional information, please refer to http://education.QuestDiagnostics.com/faq/FAQ177 (This link is being provided for informational/ educational purposes only.)

#### **A** ANTINUCLEAR ANTIBODIES TITER AND PATTERN

Analyte	Value
▲ ANA TITER	1:40 H titer See Note 1

#### ANA PATTERN

#### Nuclear, Homogeneous

Homogeneous pattern is associated with systemic lupus erythematosus (SLE), drug-induced lupus and juvenile idiopathic arthritis.

AC-1: Homogeneous

International Consensus on ANA Patterns (https://doi.org/10.1515/cclm-2018-0052)

**A** ANA TITER 1:40 H titer See Note 1

# ANA PATTERN

#### **Nuclear, Speckled**

Speckled pattern is associated with mixed connective tissue disease (MCTD), systemic lupus erythematosus (SLE), Sjogren's syndrome, dermatomyositis, and systemic sclerosis/polymyositis overlap.

AC-2,4,5,29: Speckled

International Consensus on ANA Patterns (https://doi.org/10.1515/cclm-2018-0052)

#### A TIER 2

Analyte	Value	
SJOGREN'S ANTIBODY (SS-A)	<1.0 NEG Reference Range: <1.0 NEG AI	
▲ SJOGREN'S ANTIBODY (SS-B)	1.1 POS Reference Range: <1.0 NEG AI	
SCL-70 ANTIBODY	<1.0 NEG Reference Range: <1.0 NEG AI	

JO-1 ANTIBODY <1.0 NEG Reference Range: <1.0 NEG AI

ANTIBODY PREVALENCE IN TIER 2

SS-A and SS-B antibodies are present in >80% Sjogren's syndrome and are considered a diagnostic indicator for this autoimmune disease. However, these antibodies are also present in other autoimmune disorders.

SS-A antibodies are seen in 33% to 52% systemic lupus erythematosus (SLE), 42% polymyositis, 23% systemic sclerosis (scleroderma) and 13% mixed connective tissue disease (MCTD).

SS-B antibody is also present in 13% to 27% SLE, 5% systemic sclerosis, <2% polymyositis and <2% MCTD.

Scl-70 antibody is present in 16% systemic sclerosis, 7% MCTD (especially those with features of systemic sclerosis), 2% to 3% SLE, <2% Sjogren's syndrome and <2% polymyositis.

Jo-1 antibody is present in 17% polymyositis, 7% MCTD (especially in those with features of muscle inflammation), and <2% SLE, Sjogren's syndrome and systemic sclerosis.

Tier 2 antibodies are present in <2% of normal blood donors.

The Cascade does not rule out autoimmune disease characterized by other autoantibody specificities such as rheumatoid arthritis, autoimmune hepatitis, primary biliary cirrhosis, autoimmune thyroiditis, Addison's disease, pernicious anemia, autoimmune neuropathies, vasculitis, celiac disease and bullous disease. Please contact your local Quest Diagnostics laboratory if you are interested in additional testing.

## **INTERPRETATION**

Analyte	Value	
INTERPRETATION		

#### INTERPRETATION

This finding suggests Sjogren's syndrome. These antibodies may occasionally be positive early in other connective tissue diseases. A positive result at this stage of testing stops further testing, and does not preclude additional positive antibodies. Clinical correlation is required to assess the need for testing additional analytes.

## TIER 1

Analyte		Value	
DNA (DS) ANT	IBODY	2	IU/mL
< or = 4	Interpretation Negative Indeterminate Positive		
SM ANTIBODY	,	<1.0 NEG	Reference Range: <1.0 NEG AI
SM/RNP ANTI	BODY	<1.0 NEG	Reference Range: <1.0 NEG AI
RNP ANTIBOD	Υ	<1.0 NEG	Reference Range: <1.0 NEG AI
CHROMATIN (	NUCLEOSOMAL) ANTIBODY	<1.0 NEG	Reference Range: <1.0 NEG AI

# VITAMIN D,25-OH,TOTAL,IA

Analyte	Value

#### VITAMIN D,25-OH,TOTAL,IA

Vitamin D Status 25-OH Vitamin D:

Deficiency: <20 ng/mLInsufficiency: 20 - 29 ng/mLOptimal: > or = 30 ng/mL

For 25-OH Vitamin D testing on patients on D2-supplementation and patients for whom quantitation of D2 and D3 fractions is required, the QuestAssureD(TM) 25-OH VIT D, (D2,D3), LC/MS/MS is recommended: order code 92888 (patients >2yrs).

### COMMENT

See Note 1

Note 1

For additional information, please refer to http://education.QuestDiagnostics.com/faq/FAQ199 (This link is being provided for informational/ educational purposes only.)

Reference Range: 30-100 ng/mL

# **TSH**

Analyte	Value	
TSH	3.79 mIU/L	
Reference Range		

> or = 20 Years 0.40-4.50

Pregnancy Ranges
First trimester 0.26-2.66
Second trimester 0.55-2.73
Third trimester 0.43-2.91

# T4 (THYROXINE), TOTAL

Analyte	Value	
T4 (THYROXINE), TOTAL	10.2	Reference Range: 5.1-11.9 mcg/dL

# T4, FREE

Analyte	Value
T4, FREE	1.4 Reference Range: 0.8-1.8 ng/dL

# T3, FREE

Analyte	Value
T3, FREE	3.3 Reference Range: 2.3-4.2 pg/mL

# T3, TOTAL

Analyte	Value
T3, TOTAL	106 Reference Range: 76-181 ng/dL

# T3 REVERSE, LC/MS/MS

Analyte	Value

#### T3 REVERSE, LC/MS/MS

This test was developed and its analytical performance characteristics have been determined by Quest Diagnostics Nichols Institute Chantilly, VA. It has not been cleared or approved by the U.S. Food and Drug Administration. This assay has been validated pursuant to the CLIA regulations and is used for clinical purposes.

Reference Range: 8-25 ng/dL

# THYROGLOBULIN ANTIBODIES

Analyte	Value	
THYROGLOBULIN ANTIBODIES	<1	Reference Range: < or = 1 IU/mL

### THYROID PEROXIDASE ANTIBODIES

Analyte	Value	
THYROID PEROXIDASE ANTIBODIES	<1	Reference Range: <9 IU/mL

Note 1 A low level ANA titer may be present in pre-clinical autoimmune diseases and normal individuals. Reference Range <1:40 Negative

1:40-1:80 Low Antibody Level >1:80 Elevated Antibody Level

# **Performing Sites**

AMD Quest Diagnostics/Nichols Chantilly-Chantilly VA, 14225 Newbrook Dr, Chantilly, VA 20151-2228 Laboratory Director: Patrick W Mason M.D.,PhD

MI Quest Diagnostics-Miami, 10200 Commerce Pkwy, Miramar, FL 33025-3938 Laboratory Director: Julie L Friedman, MD

### Key





These results have been sent to the person who ordered the tests. Your receipt of these results should not be viewed as medical advice and is not meant to replace discussion with your doctor or other healthcare professional.

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