

Ms Doris Vaarwerk

24 BANKSIA DRIVE
VALLEY HEIGHTS NSW 2777



Ref by: Dr F Payne

Ph: 0247391555

Doris VAARWERK

Lab ID : 898433534

Patient

Your Ref : 00610080

24 Banksia Drive
Valley Heights 2777

Requested : 22/10/2025
Collected : 31/10/2025 08:06
Received : 31/10/2025 08:09
Printed : 03/11/2025 09:50

DOB : 10/02/1953 (72 Yrs)
Gender : Female
Ph : 0413535671

Lipids and HDL

Date	03/02/20	30/11/21	21/11/22	02/02/24	Current Result 31/10/25	Units	Reference
Time	08:11	08:53	08:10	09:17	08:06		
Lab ID	842599654	866854991	883824468	838315706	898433534		
Status	Fasting	Fasting	Fasting	Fasting	Fasting		
Cholesterol	5.3	*5.7	5.2	*6.3	*6.6	mmol/L	(< 5.5)
Triglycerides	0.8	1.0	0.9	0.8	1.0	mmol/L	(< 2.0)
HDL Chol.	2.0	1.8	1.6	1.8	2.0	mmol/L	(> 1.2)
LDL Chol.	2.9	3.4	*3.2	*4.1	*4.2	mmol/L	(< 3.0)
Non-HDL Chol.			3.6	*4.5	*4.6	mmol/L	(< 4.0)

Comment on Lab ID 898433534

Please note that the above reference limits are decision limits.
A flag based on these limits is an indication to review the absolute cardiovascular risk for the patient. For assessment of absolute cardiovascular disease risk please see www.cvdcheck.org.au

The above decision limits are based on the European Atherosclerosis Society (EAS) and European Federation of Clinical Chemistry and Laboratory Medicine (EFLM) Consensus Statement 2016 and the Australasian Association of Clinical Biochemistry and Laboratory Medicine (AACB) Lipid Reporting Guideline 2018.

Lipid treatment targets for patients at high risk of cardiovascular disease:

Total cholesterol	< 4.0 mmol/L
Triglyceride	< 2.0 mmol/L
HDL cholesterol	> 1.0 mmol/L
LDL cholesterol	< 2.5 mmol/L (< 1.8 mmol/L for very high risk)
Non-HDL cholesterol	< 3.3 mmol/L (< 2.5 mmol/L for very high risk)

High risk - Primary prevention Very high risk - Secondary prevention

Target values from the AACB Lipid Reporting Guideline 2018.

Please note that as there is a continuum of risk, benefits are obtained for any measured lipid components moving towards and beyond the various target levels.

Alb/Creat Ratio	Current Result	Units	Reference
Date	10/02/17		
Time	08:06		
Lab ID	263559501		
R U-Creatinine	13.5	mmol/L	
R U-Albumin	29.0	mg/L	
R U-Alb/Creat	2.1	mg/mmol	(< 3.5)

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Microalbuminuria. If indicated, please see recommendations in "Chronic kidney disease and measurement of albuminuria or proteinuria: a position statement" MJA 197 (4) 20 August 2012 or visit www.kidney.org.au

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Date

24297/03/25



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Haematology

Date	21/11/22	11/01/23	02/02/24	10/02/25	Current Result	Units	Reference
Time	08:10	10:25	09:17	09:18	08:06		
Lab ID	883824468	884714958	838315706	892199816	898433534		
Haemoglobin	141	133	133	137	147	g/L	(110-160)
RCC	4.7	4.4	4.3	4.4	4.8	$\times 10^{12}/L$	(3.6-5.5)
Haematocrit	0.44	0.42	0.41	0.42	0.44		(0.30-0.46)
MCV	93	94	94	95	92	fL	(80-100)
MCH	30.1	30.2	30.7	31.1	30.6	pg	(27.0-32.0)
MCHC	323	320	328	327	334	g/L	(310-360)
RDW	12.8	13.2	13.0	13.4	13.3		(10.0-15.0)
WCC	4.0	*3.8	*3.9	*3.6	4.7	$\times 10^9/L$	(4.0-11.0)
Neutrophils	2.43	2.35	2.13	2.06	2.70	$\times 10^9/L$	(2.0-7.5)
Lymphocytes	1.05	*0.97	1.28	1.12	1.45	$\times 10^9/L$	(1.0-4.0)
Monocytes	0.30	0.32	0.27	0.31	0.38	$\times 10^9/L$	(0.0-1.0)
Eosinophils	0.17	0.07	0.11	0.05	0.13	$\times 10^9/L$	(0.0-0.5)
Basophils	0.05	0.04	0.06	0.06	0.05	$\times 10^9/L$	(0.0-0.3)
NRBC	<1.0	<1.0	<1.0	<1.0	<1.0	/100 WBC	(<1)
Platelets	225	185	181	206	254	$\times 10^9/L$	(150-450)
ESR		8	10	10		mm/h	(1-35)

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Full blood count is within reference limits

Biochemistry

Date	10/02/25	12/03/25	05/05/25	10/06/25	Current Result	Units	Reference
Time	09:18	08:11	14:45	14:36	08:06		
Lab ID	892199816	893804505	894966249	894965152	898433534		
Status	Fasting	Fasting			Fasting		
Sodium	141		140	138	145	mmol/L	(135-145)
Potassium	4.2		3.9	4.5	4.4	mmol/L	(3.5-5.5)
Chloride	109		104	104	106	mmol/L	(95-110)
Bicarbonate	21		27	25	27	mmol/L	(20-32)
Urea	8.6		7.4	6.9	6.4	mmol/L	(3.5-9.5)
Creatinine	60		*110	60	60	umol/L	(45-95)
eGFR	88		*43	87	88	mL/min/1.73m ²	(>59)
Bili. Total	10		9	8	15	umol/L	(3-15)
ALP	68		69	72	77	U/L	(30-115)
GGT	18		19	18	17	U/L	(5-35)
LD	210		198	244	212	U/L	(120-250)
AST	21		21	24	25	U/L	(10-35)
ALT	14		21	20	20	U/L	(5-30)
Total Protein	67		69	69	75	g/L	(64-83)
Albumin	43		44	43	47	g/L	(36-47)
Globulin	24		25	26	28	g/L	(23-39)
Cholesterol		*6.3			*6.6	mmol/L	(<5.5)
Triglycerides		1.0			1.0	mmol/L	(<2.0)

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eGFR (mL/min/1.73m²) calculated by CKD-EPI formula - see www.kidney.org.au

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24/297 03/25