

Report to **FELLOWES, Ruth**  
 Maitland Health Specialist Centre  
 3/66 King St

 Patient **ROWE, Patsy**  
 30 BARRINGTON GR  
 THORNTON NSW 2322

 Phone  
 D.O.B 05/10/1982 Age 38 years. Sex F

Ref. by/copy to

 Collect date 26/07/2021 Lab ref 21-12038316  
 Collect time 08:59 AM Your ref  
 Reported 26/07/2021 07:49 PM

Tests requested DVI, FE

Clin notes

## VITAMIN D

Serum 25(OH) Vitamin D 102 nmol/L

Suggested decision limits for Vitamin D status:

Sufficiency	51 -200	nmol/L
Mild deficiency	25 - 50	nmol/L
Marked deficiency	< 25	nmol/L
Toxicity	>250	nmol/L

 References: Vitamin D and health in adults in Australia and New Zealand:  
 Position Statement. MJA 2012 June 18; 196(11),686-687.

## IRON STUDIES

Request Number	17724889	17545226	26096402	12038316
Date Collected	18 Mar 19	11 May 19	22 Feb 21	26 Jul 21
Time Collected	09:55	07:50	00:00	08:59
Specimen Type: Serum				
Iron (10-30) umol/L	20	16	18	22
T'ferrin(32-48) umol/L	33	31	31	29
T. Sat. (13-45) %	31	26	30	39
Ferritin(30-165) ug/L	39	34	27	24

Although the transferrin saturation is normal, the mildly reduced ferritin suggests iron deficiency.

During the reproductive years, iron deficiency in women is usually due to multiparity or heavy menstrual losses. Investigation of the gastrointestinal tract for a source of blood loss may be indicated.

### SURGERY USE

Normal

No Action/File

 Patient  
Notified

 Make  
Appoint.

Further Tests

 Notes  
Required

 Speak  
with Dr.

 On Correct  
Treatment