

# Client Summary

## Client Details

Client Name	Georgia Kelly
D.O.B.	18.2.2009

## Summary

Initial Consultation	9.1.2021
<ul style="list-style-type: none"><li>• Presented with bowel and bladder issues (irritable bladder, recurrent UTI's)</li><li>• Was undergoing investigations due to gut issues (blood in stool - later diagnosed with colitis)</li><li>• Elevated faecal calprotectin</li><li>• Currently on Sulfasalazine and has been told will be on this for life</li><li>• Diagnosed with ADHD and Generalised Anxiety Disorder</li></ul> <p>History</p> <ul style="list-style-type: none"><li>• Failure to thrive as a baby</li><li>• Was PEG fed from 11 months</li><li>• Delayed puberty (approx. 18 months)</li><li>• Tonsils out &amp; hernia operation Dec 2020</li></ul> <p>Treatment Plans</p> <p>Jan 2021</p> <ul style="list-style-type: none"><li>• Diet changes - reduce sugar, increase whole foods, referred for HTMA test.</li></ul> <p>Feb 2021</p> <ul style="list-style-type: none"><li>• Mum had put her on a trial of Ritalin - Georgia was very irritable and agitated. Dr</li></ul>	

advised to stop.

- GI bleeding stopped, but has pain and bloating.
- Struggling with mouth ulcers
- HTMA results attached
- Prescribed Toxaprevent, zinc, B6, Magnesium, Nordic Naturals DHA and swapped her previous vitamin D supplement to MedLab D3 + K2

#### April 2021

- Saw an Integrative GP - recommended CBD oil for ADHD.
- Having issues at school - bullying.
- Has had some growth (approx. 3cm, ni weight gain)
- Still has mouth ulcers
- Still having bladder accidents
- Continuing with above supplements

#### June 2021

- Has had to start suppositories (medication from specialist for Colitis)
- Still having issues at school
- Anxiety much worse (thinking about ghosts, ruminating thoughts)
- Added in GABA & referred for counselling & other support (reiki)

#### July 2021

- Faecal calprotectin reduced to 167 from 600+ (should be less than 50)
- IBD team has recommended Fortisip. Moira wanted an alternative, so I prescribed BioClinic Naturals ElementAll