

**Patient Name:** MASI, AIDEN  
**Patient Address:** 7 ODENPA RD, CORDEAUX HEIGHTS 2526  
**D.O.B:** 23/01/2011  
**Medicare No.:** 2481658976  
**Lab. Reference:** 21-10946271-A1C-0  
**Addressee:** DR MUHAMMAD SHARIF  
**Gender:** M  
**IHI No.:**  
**Provider:** Lavery Pathology  
**Referred by:** DR. TERRY SANDS

**Date Requested:** 16/08/2021  
**Date Collected:** 17/08/2021  
**Date Performed:** 17/08/2021  
**Complete:** Final

**Specimen:**  
**Subject(Test Name):** GLYCATED HAEMOGLOBIN (A1C-0)  
**Clinical Information:**

Clinical Notes : Poor sleep, low ?.

GLYCATED HAEMOGLOBIN (HbA1c)

Specimen Type: EDTA

HbA1c- NGSP	5.6	%	(4.0-6.0)
HbA1c- IFCC	38	mmol/mol	(20-42)

The WHO recommends that an HbA1c cut-off of  $\geq 6.5\%$  (48 mmol/mol) is used to diagnose type 2 diabetes.

While it is recognised that HbA1c levels approaching this cut-off place patients at increasingly higher risk of developing diabetes ( $<6.5\%$ ), there is no consensus as to exactly which cut-off at the lower end of the continuum to use for categorising patients as high risk. Various groups quote lower limits for at-risk patients that vary between 5.5% and 6.0% (37 and 42 mmol/mol).

Please note that HbA1c should not be used for diagnosing diabetes mellitus in the following circumstances:

- Children and young people
- Pregnancy - current or within the past 2 months
- Suspected Type 1 diabetes mellitus
- Symptoms of diabetes for  $<2$  months
- Patients who are acutely ill
- Patients taking drugs that can cause rapid onset hyperglycaemia such as corticosteroids, antipsychotic drugs
- Acute pancreatic damage or pancreatic surgery
- Kidney failure
- Patients being treated for HIV infection

Please be cautious when requesting or interpreting HbA1c when patients:

- May have an abnormal haemoglobin
- May be anaemic
- May have an altered red cell lifespan (e.g. post-splenectomy)
- May have had a recent blood transfusion

Requested Tests : GLU, MBA, LIP, INS, FE, FBE, DVI, A1C