



Record Ian Hanslow

Client D.O.B: 25/05/1954

Created By: Ruth Fellowes

Business: Ruth Fellowes Spectrum Health

Created On: 16/10/2020 09:22

Appointment Date: 16/10/2020 09:15

Core symptoms

MOOD

BOWEL

had blood in stools but only once- testing is clear
can get abdominal pain but it comes and goes

SLEEP

ENERGY

PAIN

pain and nasal congestion are his prime goals

pain comes in waves- worse at night- and in morning

has a high pain threshold- can get all the physical symptoms eg sweating or vomiting, but not feel pain sometimes

OTHER

uses massage therapy and acupuncture regularly for his pain and it helps

TO DO

See if any local craniosacral therapists around for him

Eagle Pathoclear could be wrecking his microbiome balance in the long run- need alternatives for it

consider link between pyrroles and oxalates

if he needs to be dairy free, should we use Ca for pain/ muscular strength?

what is good for reflux?

probably need to address the B12 and folate very soon, due to Barretts, see how the anti-inflammatories go first

Diet

Pathology

radical prostatectomy

xl erectile nerve removed

tissue around where the tumour was found

v high category

tendons from leg moved by themselves

spinal neck surgery- discs were disintegrated- seems to be genetic- not holding any fluid at all so it was bone on bone- affected his ROM on L side, pins and needles, blackouts from bending his head down

put implants in with hinge plates and 6 screws

reconstructed his bladder with staples

looking into the polyvagal theory/ craniosacral
Rosenberg does work on vagus nerve and he has the book

Timeline

Pregnancy and early childhood

Child/ young adult

Herbals & Supplements

GP uses Eagle- Pathoclear- quite strong on the gut

works in an environment that has a lot of mould- teaches at TAFE- people would notice that everyone
coughs when working in the mouldy areas
staffroom measured at 400 units for the mould

BODY SIGNS

Nails

Palmar

Eyes

Tongue

Skin/ hair



Ruth Fellowes Nutritionist Herbalist
Spectrum Health

Record Ian Hanslow

Client D.O.B: 25/05/1954

Created By: Ruth Fellowes

Business: Ruth Fellowes Spectrum Health

Created On: 31/12/2020 13:19

Activity Date: 29/09/2020 00:00

Contact

Email or text

EMAIL

I hope this finds you well.

I have attached the completed information form, plus pictures of medications and vitamin herbal remedies I use as well.

I did forget to mention the Tribulus Fort which I take one for a few days then will have a break for a week. My doctor put me on these to assist with muscle control and light incontinence following my Radical Prostatectomy.

Also, I forgot to mention Seretide, which I use in cooler weather as my bronchitis flairs up on cooler days, mornings and evenings. Plus it can be hard to tell at time if my cough and bronchitis is related to the reflux with severe GORD and Barrett's disease.

