

Patient Health Summary

Name: Miss Tiarne Pendlebury
Address: 12 Tango Street
Mount Hutton 2290
D.O.B.: 17/05/1995
Record No.: 28590
Home Phone:
Work Phone:
Mobile Phone: 0413 059 995

Newcastle Family Practice
205 Hunter Street
Newcastle 2300
0249294181

Printed on 7th May 2021

Allergies/Adverse reactions:

Nil known.

Current Medications:

Celebrex 100mg Capsule	1 Capsule Twice a day with meals
Clexane 40mg/0.4mL Syringe	one sc injection daily
Levlen ED Tablet	1 Tablet Daily Take 1 tablet daily
Levonorgestrel 1.5mg Tablet	Immediately
Prednisolone 25mg Tablet	1.5 tablets in the morning for 1-3 days
Prodeinextra 500mg;15mg Caplets	1-2 Four times a day p.r.n.

Active Past History:

18/05/2019 Right Achilles tendon rupture
01/2021 Irritable bowel syndrome

Inactive Past History:

Not recorded.

Immunisations:

25/05/2018 Afluria Quad (Influenza)
27/06/2019 FluQuadri (Influenza)

Investigations:

PENDLEBURY, TIARNE
12 Tango St, MOUNT HUTTON. 2290
Phone: 0413059995
Birthdate: 17/05/1995 Sex: F Medicare Number: 32806855593
Your Reference: 29190 4526 Lab Reference: 397487828
Laboratory: NSW Health Pathology - North
Addressee: Dr E HARRISON Referred by: Dr K E Napthali
Copy to:
Dr Elle Harrison

Name of Test: Clinical Chemistry
Specimen: Blood
Requested: 22/12/2020 Collected: 21/01/2021 Reported: 21/01/2021 14:47
Clinical notes: ?IBD

NSWHP - Pathology Report

Collected: ??:?? 21-Jan-21 MRN: H3155029 Specimen Type: Blood

Clinical Notes:
?IBD

Sodium	139	mmol/L	135 - 145
Potassium	4.3	mmol/L	3.5 - 5.2
Chloride	106	mmol/L	95 - 110
Bicarbonate (HCO3)	27	mmol/L	22 - 32
Urea	4.7	mmol/L	3.0 - 7.0
Creatinine	83	umol/L	45 - 90
GFR Estimate	84	mL/min/1.73m2	> 60
Anion Gap (Calc)	10	mmol/L	7 - 17
Protein (Total)	72	g/L	60 - 80
Albumin	40	g/L	31 - 47
Calc.Globulin	32	g/L	22 - 42
Bilirubin (Total)	8	umol/L	< 20
GGT	17	U/L	5 - 35
Alkaline Phosphatase	36	U/L	30 - 110
ALT	16	U/L	10 - 35
AST	18	U/L	10 - 35
CRP - C Reactive Protein	1.6	mg/L	< 5

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Name of Test: Hormones
Specimen: Blood
Requested: 22/12/2020 Collected: 21/01/2021 Reported: 21/01/2021 13:19
Clinical notes: ?IBD

NSWHP - Pathology Report

Collected: ??:?? 21-Jan-21 MRN: H3155029 Specimen Type: Blood

Clinical Notes:
?IBD

Vitamin D (25-OH)	123	nmol/L	50 - 140
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Vitamin D adequacy >= 50 nmol/L, mild Vitamin D deficiency 30-49 nmol/L, moderate to severe deficiency <=29 nmol/L (MJA 2012; 196 (11) 686-687).

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Addressee: Dr E HARRISON Referred by: Dr K E Napthali
Copy to:
Dr Elle Harrison

Name of Test: Thyroid Function
Specimen: Blood
Requested: 22/12/2020 Collected: 21/01/2021 Reported: 21/01/2021 13:19

Clinical notes: ?IBD

NSWHP - Pathology Report

Collected: ??? 21-Jan-21 MRN: H3155029 Specimen Type: Blood

Clinical Notes:
?IBD

TSH	1.51	mIU/L	0.40 - 3.50
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Addressee: Dr E HARRISON Referred by: Dr K E Napthali
Copy to:
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Name of Test: Anaemia Screening
Specimen: Blood
Requested: 22/12/2020 Collected: 21/01/2021 Reported: 21/01/2021 14:47

Clinical notes: ?IBD

NSWHP - Pathology Report

Collected: ??? 21-Jan-21 MRN: H3155029 Specimen Type: Blood

Clinical Notes:
?IBD

Ferritin	29	L	ug/L	30 - 150
Iron	21		umol/L	8 - 30
Transferrin Sat'n	28		%	15 - 45
Transferrin	2.8		g/L	1.8 - 3.5

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Laboratory: NSW Health Pathology - North
Addressee: Dr E HARRISON Referred by: Dr K E Napthali
Copy to:
Dr Elle Harrison

Name of Test: Misc.Haematology
Specimen: Blood
Requested: 22/12/2020 Collected: 21/01/2021 Reported: 21/01/2021 14:40

Clinical notes: ?IBD

NSWHP - Pathology Report

Collected: ??? 21-Jan-21 MRN: H3155029 Specimen Type: Blood

Clinical Notes:
?IBD

PENDLEBURY, TIARNE
12 Tango St, MOUNT HUTTON. 2290
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Birthdate: 17/05/1995 Sex: F Medicare Number: 32806855593
Your Reference: 29190 4526 Lab Reference: 397487828
Laboratory: NSW Health Pathology - North
Addressee: Dr E HARRISON Referred by: Dr K E Napthali
Copy to:

Dr Elle Harrison

Name of Test: Haematology
Specimen: Blood
Requested: 22/12/2020 Collected: 21/01/2021 Reported: 21/01/2021 14:07

Clinical notes: ?IBD

NSWHP - Pathology Report

Collected: ??:?? 21-Jan-21 MRN: H3155029 Specimen Type: Blood

Clinical Notes:
?IBD

White Cells	4.6	$10^9/L$	4.0 - 11.0
Red Cell Count	4.21	$10^{12}/L$	3.80 - 5.80
Hb (Haemoglobin)	131	g/L	115 - 165
Haematocrit	0.385	L/L	0.320 - 0.460
MCV	92	fL	80 - 100
MCH	31	pg	27 - 32
MCHC	340	g/L	310 - 360
RDW	12.7	%	< 15.0
Platelets	250	$10^9/L$	150 - 400
MPV	8.8	fL	7.2 - 11.1
Neutrophils	2.1	$10^9/L$	2.0 - 8.0
Lymphocytes	1.8	$10^9/L$	1.0 - 4.0
Monocytes	0.2	$10^9/L$	0.2 - 1.0
Eosinophils	0.4	$10^9/L$	< 0.5
Basophils	0.0	$10^9/L$	< 0.1
Band Forms		$10^9/L$	< 0.7
Metamyelocytes		$10^9/L$	
Myelocytes		$10^9/L$	
Promyelocytes		$10^9/L$	
Blasts		$10^9/L$	
Nuc. RBC		/100 WBC	
Uncorrected WBC	4.6	$\times 10^9/L$	

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Addressee: Dr E HARRISON Referred by: Dr K E Napthali
Copy to:

Dr Elle Harrison

Name of Test: Coeliac Disease
Specimen: Blood
Requested: 22/12/2020 Collected: 21/01/2021 Reported: 22/01/2021 13:59

Clinical notes: ?IBD

NSWHP - Pathology Report

Collected: ??? 21-Jan-21 MRN: H3155029 Specimen Type: Blood

Clinical Notes:
?IBD

Transglutaminase IgA	< 2	CU	< 20
Gliadin IgG (deamidated)	< 3	CU	< 20

PENDLEBURY, TIARNE
12 Tango St, MOUNT HUTTON. 2290
Phone: 0413059995
Birthdate: 17/05/1995 Sex: F Medicare Number: 32806855593
Your Reference: 29190 4526 Lab Reference: 397487828
Laboratory: NSW Health Pathology - North
Addressee: Dr E HARRISON Referred by: Dr K E Napthali
Copy to:
Dr Elle Harrison

Name of Test: ANA/Autoantibodies
Specimen: Blood
Requested: 22/12/2020 Collected: 21/01/2021 Reported: 21/01/2021 13:52
Clinical notes: ?IBD

NSWHP - Pathology Report

Collected: ??? 21-Jan-21 MRN: H3155029 Specimen Type: Blood

Clinical Notes:
?IBD

Specimen Type:	Blood		
Collected:	??? 21-Jan-21	MRN:	H3155029
Lab Number:			
Deamid. Gliadin IgG (CIA)	< 3	CU	(< 20)
Transglutaminase IgA (CIA)	< 2	CU	(< 20)
ANA	Not Detected		
ANCA Result	Negative		

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Your Reference: 29190 4526 Lab Reference: 397487828
Laboratory: NSW Health Pathology - North
Addressee: Dr E HARRISON Referred by: Dr K E Napthali
Copy to:
Dr Elle Harrison

Name of Test: Coeliac Disease
Specimen: Blood
Requested: 22/12/2020 Collected: 21/01/2021 Reported: 22/01/2021 13:59
Clinical notes: ?IBD

NSWHP - Pathology Report

Collected: ??? 21-Jan-21 MRN: H3155029 Specimen Type: Blood

Clinical Notes:
?IBD

Translgutaminase IgA	< 2	CU	< 20
Gliadin IgG (deamidated)	< 3	CU	< 20

PENDLEBURY, TIARNE

12 Tango St, MOUNT HUTTON. 2290

Phone: 0413059995

Birthdate: 17/05/1995 Sex: F Medicare Number: 32806855593

Your Reference: 29190 4526 Lab Reference: 397487811

Laboratory: NSW Health Pathology - North

Addressee: Dr E HARRISON Referred by: Dr K E Napthali

Copy to:

Dr Elle Harrison

Name of Test: GIT Testing

Specimen: FAECES

Requested: 22/12/2020 Collected: 22/01/2021 Reported: 29/01/2021 18:08

Clinical notes: ?IBD

NSWHP - Pathology Report

Collected: 07:20 22-Jan-21 MRN: H3155029 Specimen Type: FAECES

Clinical Notes:

?IBD

Elevated faecal calprotectin indicates a high probability of intestinal inflammation. For patients with a known inflammatory bowel disease in remission, faecal calprotectin > 50 ug/g is associated with an increased risk of relapse over the next 12 months.

Calprotectin	77 H	ug/g	< 50
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29/01/2021

Dr Elle Harrison
Newcastle Family Practice
205 Hunter Street
NEWCASTLE NSW 2300

Dear Dr Harrison

RE: Mrs Tiarne Pendlebury DOB: 17/05/1995
12 Tango Street, MOUNT HUTTON NSW 2290
0413 059 995

Please find attached the results of my consultation with and procedure reports for Mrs Tiarne Pendlebury undertaken on 29/01/2021.

Patients needing further Gastroenterology input or investigation will be followed up in rooms, however routine follow up can be undertaken through their GP.

Results from any biopsies taken from patients at the time of procedure will be forwarded in a separate correspondence to yourself, along with any recommendations for treatment, onward referral or further investigations.

Most biopsies, unless urgent, take between 2 and 3 weeks to be reviewed by Pathologists.

As always, I would be more than happy to be contacted to discuss findings or concerns.

With kind regards

A handwritten signature in black ink, appearing to read "K. Napthali", is located below the "With kind regards" text.

Dr Kate Napthali
Gastroenterologist and General Physician
256342VK

This letter has been electronically reviewed and approved by Dr Napthali

T: (02) 4910 0591 F: (02) 9475 0094
E : reception@beechnutmedical.com
W: www.beechnutmedical.com

A : 55 Lindsay St
HAMILTON NSW 2303
M : 0438 520 597

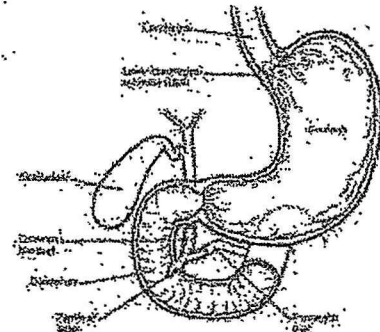


BEECHNUT
MEDICAL ROOMS

Gastroscopy Procedure Report

29/01/2021

Proceduralist: Dr Kate Napthali		Provider No: 256342VK	
Name	Mrs Tiarne Pendlebury	Ref and Prov No	Dr Elle Harrison 477716DF
DOB	17/05/1995	Ref Surgery	Newcastle Family Practice
Phone No	0413 059 995	Ref Fax No	49296158
Indication	Abdominal Pain for 1x	Anaesthetic	Dr Hosking
Comorbidities			
Consent for the procedure		1 person in every 1,000 will experience bleeding from where a lesion or polyp was removed. 1 person in every 5,000 will have perforation, risk of bacteraemia, the risk of anaphylaxis to medications used for sedation or death.	
Extent of examination	To D2	Patient comfort	Excellent
Oropharynx	Normal		
Oesophagus	Normal		
GOJ	38cm from the incisors		
GOJ	Normal		
Stomach	Cardia	Normal	
	Lesser Curve	Normal	
	Greater Curve	Normal	
	Antrum	Normal	
	Pylorus	Normal	
Duodenum		Normal	
<i>The Upper GI Endoscopy was normal for this indication. No Cause for the patients symptoms identified. No biopsies taken.</i>			
Interventions			
Esophagus Biopsy			
Gastric #1			
Gastric #2			
Small Bowel #1			
Small Bowel #2			
Additional Comments			
Adverse events			
Impression	Normal		
Follow Up	Colonoscopy		



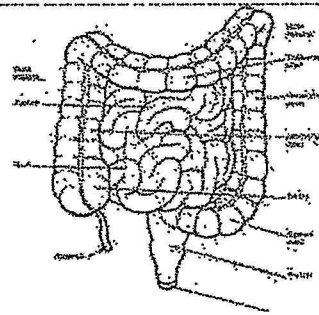


BEECHNUT
MEDICAL ROOMS

Colonoscopy Procedure Report

29/01/2021

Proceduralist: Dr Kate Napthali		Provider No: 256342VK	
Name	Mrs Tiarne Pendlebury	Ref and Prov No	Dr Elle Harrison 477716DF
DOB	17/05/1995	Ref Surgery	Newcastle Family Practice
Phone No	0413 059 995	Ref Fax No	49296158
Anaesthetist Dr Hosking			
Comorbidities			
Consent for the procedure		Mild discomfort in the abdomen, injection site reaction, 1 in 1,000 will suffer perforation, 1 in 100 will have a significant bleed from polypectomy site, poor prep may cause missed polyps or bowel disease, sepsis, anaphylaxis or Death.	
Extent of examination		Terminal Ileum	
Indication		Abdominal Pain for 1x	
	Finding #1	Finding #2/Intervention	
Rectal Exam	Normal	Normal	
Rectum	Normal	Normal	
Sigmoid	Normal	Normal	
Descending Colon	Normal	Normal	
Splenic Flexure	Normal	Normal	
Transverse Colon	Normal	Normal	
Hepatic Flexure	Normal	Normal	
Ascending Colon	Normal	Normal	
Caecum	Normal	Normal	
Terminal Ileum (CM)	Normal	Normal	



Colonoscopy report			
The bowel preparation was excellent. The terminal Ileum was entered. The colonoscopy was undertaken with ease.			
The colonoscopy was essentially normal without any evidence of inflammation, mucosal lesions such as polyps or AVM, no diverticular disease or haemorrhoids. No cause for disordered bowel habits identified on this study.			
Adverse events			
Adenoma Detection	No	Withdrawal Time	>6 mins
Specimens (Path North)			
Impression			
Recommendations	Given the unremarkable findings on colonoscopy, and a history most consistent with irritable bowel syndrome, suggest commencing a gluten and lactose free diet, and consulting with a dietician to commence a low FODMAP diet		
Follow Up	With dietician and GP		



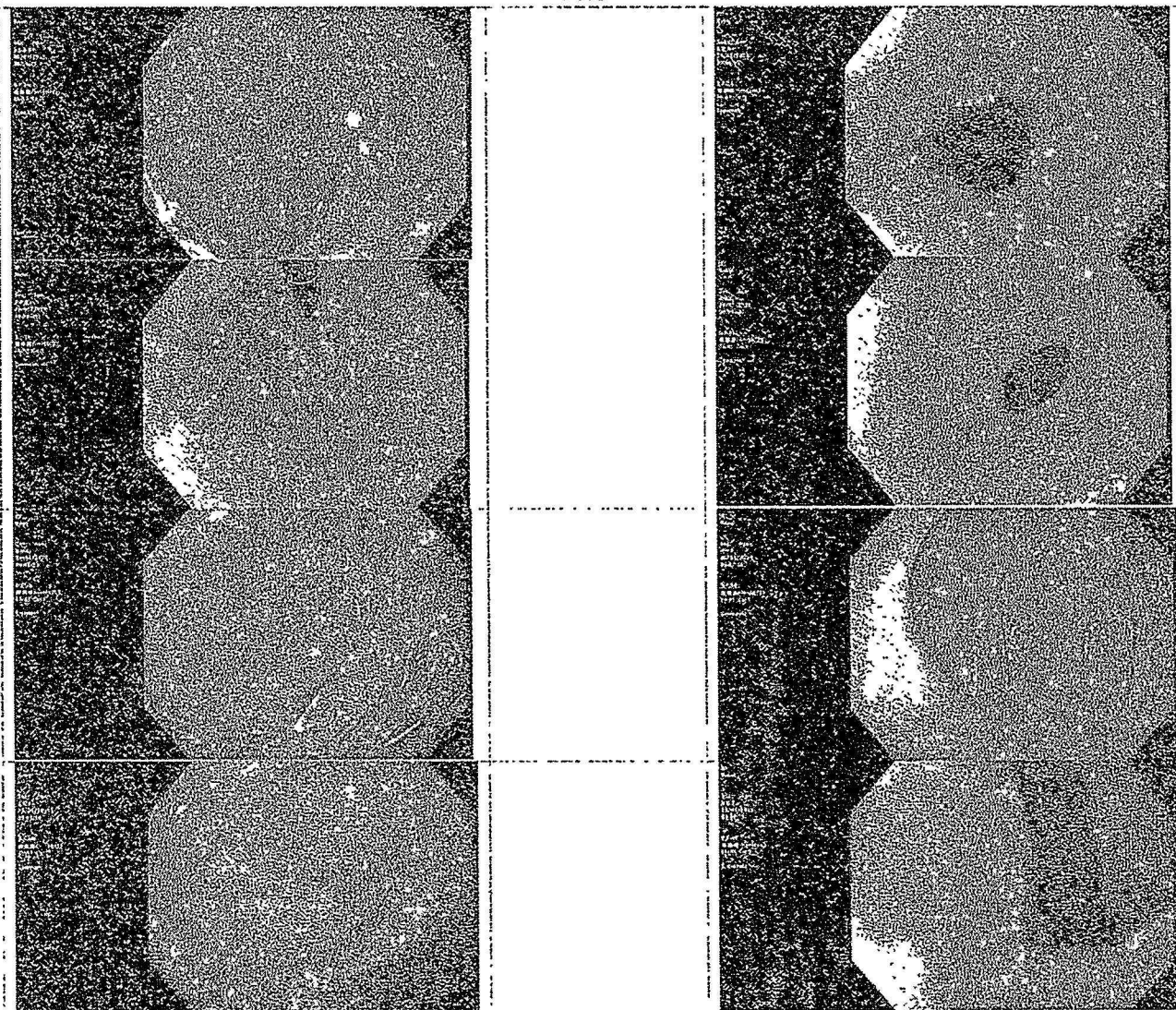
BEECHNUT
MEDICAL ROOMS

Procedure Images

29/01/2021

Proceduralist: Dr Kate Napthali**Provider No: 256342VK**

Name	Mrs Tiarne Pendlebury	Ref and Prov No	Dr Elle Harrison 477716DF
DOB	17/05/1995	Ref Surgery	Newcastle Family Practice
Phone No	0413 059 995	Ref Fax No	49296158



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