DR ANNABEL SMITH CONSULTANT PAEDIATRICIAN

BMed MPHTM FRACP Provider Number 4369758W ABN 76 430 814 585



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Friday, 1 October 2021

Dr Richard McGee Central Coast Specialist Centre Demountable 1 Ambulance Rd Ph: 02 4320 5600 Fax: 02 4320 5606

Dear Richard

RE:

Miss Madison Maric (DOB: 15/11/2015) 32 Tallowood cres ERINA NSW 2250 Contact: Mrs Laura Maric 0404792235

Issues:

Subclinical hyperthyroidism

Thank you for seeing 5 year old Madison, who has had three sets of abnormal thyroid function tests, showing gradually decreasing TSH but normal T3/T4. Thyroid autoantibodies have been normal (results copied below).

Request Number 11554246 13939640 14272282 22 Jun 21 20 Aug 21 29 Sep 21 Date Collected Time Collected 08:35 10:10 10:08 Specimen Type: Serum TSH (0.8-6.3) mIU/L 0.69 0.55 0.46 FT4 (10-22) pmol/L FT3 (4.3-7.6) pmol/L 17 16 16 6.5 7.0 7.1

Madison saw me primarily regarding frequent viral infections, which didn't sound unusual, and she has been very well since lockdown commenced. She developed a rash for a while which looked clinically like a livedo reticularis, and has since resolved. There's a family history of some form of thyroid issue in Madison's maternal grandmother and great aunt.

Madison has previously been a healthy girl, with no surgery, fully immunised, and no known allergies. Her perinatal history was unremarkable. She has chronically struggled with sleep onset, for which she recently starting using PRN melatonin with success (good bedtime habits already in place). She has no symptoms of sleep apnoea. She prefers to graze through the day but eats a reasonable range of nutritious foods. Early development was normal.

We would be grateful for your thoughts on whether to simply keep monitoring Madison's thyroid function given she has been very well recently, versus organising further investigations. Thank you for your support in caring for this lovely little girl and her delightful family!

With kind regards,

Dr Annabel Smith

cc: Mrs Laura Maric laura.maric@outlook.com.au

cc Dr John Lawson GP Family Medical Shop 14 Green Point Shopping Centre 2 Link Road GREEN POINT NSW 2251

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Miss Madison Maric – Page 1 of 1