



Specialist Diagnostic Services, ABN 84 007 190 043 APA 000042, trading as Dorevitch Pathology.

URGENT RESULTS
Please bring to doctor's attention immediately!
Pathology Report



HEIDELBERG LABORATORY

03 9244 0444

Report to: DR TOM GOYER L1 4/36 Bayswater Road KINGS CROSS 2011	Name: KIRKHAM, LISA J Addr: 46 HERMITAGE PL ROWVILLE 3156 Phone: 0449250844 Your Ref:	DOB: 11/09/69 F Lab Ref: 16-48353772- Collected: 22/04/16 Time Coll: 10:40 Reported: 29/04/16 11:29 UR No: NA
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SERUM 25 - HYDROXY VITAMIN D

Date	Lab. No.	25 - Hydroxy Vitamin D (nmol/L)	Ref. Range (> 50)
02/03/16	47472992	81	
22/04/16	48353772	76	

Method: DiaSorin Liaison XL immunoassay. Note that this test cannot be used to monitor patients taking exclusively 1,25 dihydroxy Vitamin D (Calcitriol).

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18 BANKSIA STREET HEIDELBERG 3084 VIC AUST PHONE 03 9244 0444 FAX 03 9244 0365

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SERUM/PLASMA TRACE ELEMENTS

Zinc 12.0 umol/L (10.0-18.0)

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SERUM CORTISOL

Time	Cortisol	Ref.Range
10:40 AM	342 nmol/L	(145-619)

Low serum cortisol

1. Adrenal insufficiency (Addison's disease or pituitary failure)
2. Diurnal variation (high in the morning, low at midnight)
3. Steroid therapy (steroids suppress endogenous cortisol production)
4. Normal response to Dexamethasone is serum cortisol < 50 nmol/L
5. Decreased cortisol binding globulin (e.g. nephrotic syndrome)

High serum cortisol

1. Stress
2. Exogenous steroids (prednisone, hydrocortisone, cortisone)
3. Cushing's syndrome (pituitary, adrenal or ectopic ACTH)
4. Increased cortisol binding globulin (e.g. pregnancy, oral contraceptive pill)

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BLOOD HAEMOGLOBIN A1c

Date	Lab.No.	HbA1C %	HbA1c mmol/mol
02/03/16	47472992	4.7	28
22/04/16	48353772	4.8	29

For diagnosis of diabetes mellitus the cut off is 6.5%.

For monitoring diabetic patients use the guidelines below.

Guidelines	HbA1c%	HbA1c mmol/mol
Optimal	< 6.1	< 43
General Target	< 7.1	< 54
Adequate	< 8.1	< 65
Suboptimal	> 8.0	> 64

Note: HbA1c reporting will move to mmol/mol units over the next 2 years.

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SERUM GLUCOSE

Specimen	Result	Ref.Range
Unknown 10:10 AM	5.2 mmol/L	(4.0-7.8)

Note (1): Glucose reference ranges: Fasting 4.0-6.0, Random 4.0-7.8.
Consider further investigation including glucose tolerance test
in people with fasting glucose 5.5-6.9 or random 7.8-11.0 mmol/L

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SERUM/PLASMA LIPID STUDIES - Unknown

Total Chol: 4.0 mmol/L
Triglyceride: 0.7 mmol/L

PLEASE NOTE: Lipid reports have been updated from 10/06/2014

Therapeutic targets vary depending on the patient's cardiovascular risk profile.

	T.Chol	Trig	HDL-C	LDL-C	Non HDL-C
Primary Prevention:	<4.0	<2.0	>=1.0	<2.0	<2.5
Secondary Prevention:		<2.0	>=1.0	<1.8	<2.5

National Vascular Disease Prevention Alliance Guidelines 2012.
<http://strokefoundation.com.au>

National Heart Foundation Guidelines 2012.
<http://www.heartfoundation.org.au>

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SERUM/PLASMA BIOCHEMISTRY

		Ref. Range
Sodium :	137 mmol/L	(136-146)
Potassium :	4.4 mmol/L	(3.5-5.0)
Chloride :	105 mmol/L	(95-110)
Bicarbonate :	26 mmol/L	(22-31)
Urea :	7.1 mmol/L	(2.3-7.6)
Est.GFR (mL/min) :	88 per 1.73sqm	(> 60)
Creatinine :	71 umol/L	(40-80)
Total Bilirubin :	9 umol/L	(< 15)
Ala. Aminotransferase (ALT) :	11 U/L	(< 30)
Asp. Aminotransferase (AST) :	12 U/L	(< 30)
Alkaline Phosphatase (ALP) :	44 U/L	(20-105)
Gamma Glutamyl Trans. (GGT) :	11 U/L	(< 35)
Total Protein :	64 g/L	(65-85)
Albumin :	41 g/L	(38-50)
Globulin :	23 g/L	(22-39)

*

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THYROID FUNCTION TESTS (SERUM)

		Ref.Range
Free Thyroxine (Free T4) :	16.0 pmol/L	(10.0-19.0)
Thyroid Stimulating Hormone (TSH) :	0.80 mIU/L	(0.50-4.00)
Free Triiodothyronine (Free T3) :	4.5 pmol/L	(3.5-6.5)

Results indicate normal thyroid function.

Medical professionals: Please contact a pathologist on 03 9244 0444 if required.

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SERUM HORMONES

FSH	LH	E2	PROG
IU/L	IU/L	pmol/L	nmol/L

Lab.No	Date		
48353772	22/04/16	805	52.0

REFERENCE INTERVALS

Follicular	1-6	1-10	70-530	1.0-7.0
Mid cycle	5-20	15-100	235-1300	1.0-7.0
Luteal	1-12	1-20	205-790	5.0-95
Pregnant (1st Trim.)	1-6	1-10	230-910	20-130
Post menopausal	>20	>20	0-120	<1.5

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FULL BLOOD EXAMINATION

HB : 14.9 g/dL	(11.5-16.5)	WHITE CELL COUNT:	4.9 (x109/L)	(4.0-11.0)
PCV: 43.9 %	(37.0-47.0)	Neutrophils:	55%	2.7 (2.0-8.0)
RCC: 4.93 x1012/L	(3.80-5.80)	Lymphocytes:	34%	1.7 (1.0-4.0)
MCV: 89 fL	(80-96)	Monocytes :	9%	0.4 (0.0-1.0)
MCH: 30.2 pg	(27.0-32.0)	Eosinophils:	2%	0.1 (0.0-0.5)
MCHC 33.9 g/dL	(32.0-36.0)	Basophils :	0%	0.0 (0.0-0.2)
RDW: 12.5 %	(11.0-16.0)			

PLATELETS : 235 (150-450)

COMMENT: Red cells, white cells and platelets are within normal limits.

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Wangaratta Public	(03) 5722 5215	Warragul	(03) 5623 0780	Warrington	(03) 9458 1313	Werribee	(03) 9216 8655	Wodonga	(02) 6051 7688	Wonthaggi	(03) 5671 3292



Specialist Diagnostic Services, ABN 84 007 190 043 APA 000042, trading as Dorevitch Pathology.

URGENT RESULTS
Please bring to doctor's attention immediately!
Pathology Report



HEIDELBERG LABORATORY

03 9244 0444

Report to: DR TOM GOYER L1 4/36 Bayswater Road KINGS CROSS 2011	Name: KIRKHAM, LISA J Addr: 46 HERMITAGE PL ROWVILLE 3156 Phone: 0449250844 Your Ref:	DOB: 11/09/69 F Lab Ref: 16-48353772- Collected: 22/04/16 Time Coll: 10:40 Reported: 02/05/16 12:12 UR No: NA
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SERUM ANDROGENIC HORMONE INVESTIGATION

		Ref.Range	
Sensitive Testosterone :	1.1 nmol/L	(0.4-1.4)	(1)
Sex Hormone Binding Globulin :	> 180 nmol/L	(18-114)	***

Note: (1) Laboratory method: Abbott Architect from 14/07/2014

(2) Please note: The free androgen index has been replaced by the more accurate calculated free testosterone as of 14/07/2014.

High Sex Hormone Binding Globulin (SHBG) and low testosterone concentrations are usually the result of oestrogen therapy. It is recommended that oestrogens are stopped for at least three months before measuring the testosterone concentration.

No calculated free testosterone will be reported for testosterone <0.2 or if the SHBG is outside our measuring range.

Confidentiality: If you are not the intended recipient, you are hereby notified that any use, review, dissemination, distribution or copying of these results is strictly prohibited. If you have received this in error please notify us immediately and destroy the original message.

18 BANKSIA STREET HEIDELBERG 3084 VIC AUST PHONE 03 9244 0444 FAX 03 9244 0365

Albury Private (02) 6023 7300	Albury Public (02) 6041 5375	Ararat (03) 5352 9338	Bairnsdale (03) 5150 3475	Ballarat (03) 5320 4451	Beleura (03) 5975 6900
Benalla (03) 5760 2277	Bendigo (03) 5430 0900	Footscray (03) 8345 6292	Frankston (03) 9784 7555	Hamilton (03) 5571 2952	Heidelberg (03) 9244 0444
Knox (03) 9210 7371	Leongatha (03) 5667 5573	Maryborough (03) 5460 5763	Moreland (03) 9386 5361	Peninsula Private (03) 9789 2567	Sale (03) 5143 8630
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HEIDELBERG LABORATORY

03 9244 0444

Report to: DR TOM GOYER
L1 4/36 Bayswater Road

KINGS CROSS 2011

Name: KIRKHAM, LISA J
Addr: 46 HERMITAGE PL
ROWVILLE 3156
Phone: 0449250844
Your Ref:

DOB: 11/09/69 F
Lab Ref: 16-48353772-
Collected: 22/04/16
Time Coll: 10:40
Reported: 28/04/16 11:18
UR No: NA

QUANTITATIVE HUMAN CHORIONIC GONADOTROPHIN

Serum HCG : < 2 IU/L (Ref.Range <5)

POST LMP	RANGE
< 3 weeks	5 - 50
3 - 4 weeks	50 - 500
4 - 5 weeks	100 - 5000
5 - 6 weeks	500 - 10000
6 - 7 weeks	1000 - 50000
7 - 8 weeks	10000 - 100000
8 - 10 weeks	15000 - 200000
10 - 14 weeks	10000 - 100000

Method: Siemens Centaur immunoassay.

Note: The same immunoassay should be used if the patient is being monitored with serial HCG measurements.

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