

# FIONA ALAMYAR

Lab ID 881288775 DOB 06/03/1995 (27 Yrs FEMALE)

Referrer Ms Amy Phillips Your ref.

Address AIM NATURAL HEALTHCARE SHOP 1 132 WILLOUGHBY ROAD Address 1/109 WINGEWARRA STREET

CROWS NEST NSW 2065 DUBBO NSW 2830

Phone 0488519589 Phone 0411413945

Copy to Requested 27/05/2022

Collected 27/05/2022 08:05 AEDT Received 27/05/2022 08:07 AEDT

## 25-OH Vitamin D

Test Name	Result	Units	Reference Interval	
Vitamin D	66	nmol/L	50 - 140	

## Comments

According to the Position Statement 'Vitamin D and health in adults in Australia and New Zealand' MJA, 196(11):686-687, 2012, Vitamin D status is defined as:

Mild Deficiency 30 - 49 nmol/L
Moderate Deficiency 12.5 - 29 nmol/L
Severe Deficiency <12.5 nmol/L

Vitamin D adequacy can be defined as a level >49 nmol/L at the end of winter - the level may need to be 10 - 20 nmol/L higher at the end of summer, to allow for seasonal decrease.

From 1st November 2014, Medicare rebates for vitamin D testing will apply to patients at risk of Vitamin D deficiency such as chronic lack of sun exposure.

NATA ACCREDITATION NO 2178

Reported on 27-05-2022 23:55

## **Thyroid Function**

Test Name	Result	Units	Reference Interval	
TSH	2.13	mIU/L	0.40 - 3.50	
Free T4	13.5	pmol/L	9.0 - 19.0	
Free T3	4.9	pmol/L	2.6 - 6.0	

## Comments

Euthyroid values.

NATA ACCREDITATION NO 2178

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**TSH Receptor Antibodies** 

TSH Receptor Antibodies <0.8 IU/L <2.1

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