

Patient Health Summary

Name: Mrs Dianne Ainsworth
Address: 105 Gibbons Street
Narrabri 2390
D.O.B.: 26/12/1955
Record No.:
Home Phone:
Work Phone:
Mobile Phone: 0418915981

Maitland Street Medical Centre
139 Maitland Street
Narrabri 2390
0290590711

Printed on 19th September 2022

Allergies/Adverse reactions:

Nil known.

Current Medications:

No long term medications.

Active Past History:

2022 High cholesterol
2022 Hypertension

Inactive Past History:

Not recorded.

Immunisations:

None recorded.

Investigations:

AINSWORTH, DIANNE
105 GIBBONS ST, NARRABRI. 2390
Phone: 67921323
Birthdate: 26/12/1955 Sex: F Medicare Number: 4399301164
Your Reference: 00009709 Lab Reference: 22-18153110-FBE-0
Laboratory: Lavery Pathology
Addressee: DR NAVIN ERATHNAGE Referred by: DR NAVIN ERATHNAGE

Name of Test: HAEMATOLOGY (FBE-0)
Requested: 15/09/2022 Collected: 16/09/2022 Reported: 16/09/2022 22:22

Clinical notes: Check up.

Clinical Notes : Check up.

HAEMATOLOGY

Request Number	18153083	18153110
Date Collected	14 Sep 22	16 Sep 22
Time Collected	09:34	08:28
Specimen Type: EDTA		
Hb (115-165) g/L	135	134
Hct (0.34-0.47)	0.41	0.40
RCC (3.9-5.8) x10 ¹² /L	4.3	4.3
MCV (79-99) fL	94	93
MCH (27-34) pg	31	31
MCHC (320-360) g/L	332	339
RDW (10.0-17.0) %	12.6	12.8

WBC (4.0-11.0)	x10 ⁹ /L	5.2	4.9
Neut (2.0-7.5)	x10 ⁹ /L	3.1	3.2
Lymph (1.0-4.0)	x10 ⁹ /L	1.5	1.2
Mono (0.2-1.0)	x10 ⁹ /L	0.4	0.3
Eos (< 0.7)	x10 ⁹ /L	0.2	0.1
Baso (< 0.2)	x10 ⁹ /L	0.1	0.0
Plat (150-400)	x10 ⁹ /L	331	328

HAEMATOLOGY: FBC parameters are within reference range.

Requested Tests : VBF*, TFT*, STE*, GLU*, CRP*, MBA*, LIP*, FE*, FBE, DVI*

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Phone: 67921323
Birthdate: 26/12/1955 **Sex:** F **Medicare Number:** 4399301164
Your Reference: 00009709 **Lab Reference:** 22-18153110-GLU-0
Laboratory: Lavery Pathology
Addressee: DR NAVIN ERATHNAGE **Referred by:** DR NAVIN ERATHNAGE

Name of Test: GLUCOSE (GLU-0)
Requested: 15/09/2022 **Collected:** 16/09/2022 **Reported:** 16/09/2022 22:35

Clinical notes: Check up.

Clinical Notes : Check up.

SERUM/PLASMA GLUCOSE

Request Number	11195549	18153083	18153110
Date Collected	22 Jun 21	14 Sep 22	16 Sep 22
Time Collected	13:51	09:34	08:28
Fasting status	Random	Fasting	Fasting
Serum (3.4-5.4) mmol/L	4.9	5.0	4.7

Normal glucose concentration.

Requested Tests : VBF*, TFT*, STE*, GLU, CRP*, MBA*, LIP*, FE*, FBE, DVI*

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Phone: 67921323
Birthdate: 26/12/1955 **Sex:** F **Medicare Number:** 4399301164
Your Reference: 00009709 **Lab Reference:** 22-18153110-MBA-0
Laboratory: Lavery Pathology
Addressee: DR NAVIN ERATHNAGE **Referred by:** DR NAVIN ERATHNAGE

Name of Test: SERUM CHEMISTRY (MBA-0)
Requested: 15/09/2022 **Collected:** 16/09/2022 **Reported:** 16/09/2022 22:40

Clinical notes: Check up.

Clinical Notes : Check up.

SERUM CHEMISTRY

Request Number	11195549	18153083	18153110
Date Collected	22 Jun 21	14 Sep 22	16 Sep 22
Time Collected	13:51	09:34	08:28
Specimen Type:	Serum		

Haemolysis	Nil	Nil	Nil
Icterus	Nil	Nil	Nil
Lipaemia	Nil	Nil	Nil
Na (135-145) mmol/L	139	141	141
K (3.6-5.4) mmol/L	4.1	4.2	4.1
Cl (95-110) mmol/L	98	101	101
HCO3 (22-32) mmol/L	28	25	26

An Gap	(10-20)	mmol/L	17	19	18
Urea	(2.5-9.0)	mmol/L	6.6	6.7	8.4
Creat	(45-90)	umol/L	60	60	60
eGFR	mL/min/1.73m ²		> 90	> 90	> 90
Urate	(0.14-0.36)	mmol/L	0.34	0.35	
Bili	(< 15)	umol/L	11	9	12
AST	(< 35)	U/L	40	32	27
ALT	(< 30)	U/L	48	36	35
GGT	(< 35)	U/L	10	10	11
Alk Phos	(30-115)	U/L	61	58	62
Protein	(60-82)	g/L	71	68	70
Albumin	(36-48)	g/L	47	44	44
Glob	(20-39)	g/L	24	24	26
Ca	(2.10-2.60)	mmol/L	2.41	2.40	
Corr Ca	(2.10-2.60)		2.33	2.38	
PO4	(0.75-1.50)	mmol/L	1.42	1.31	
Mg	(0.70-1.10)	mmol/L	0.91		

eGFR >=90 mL/min/1.73m² usually indicates normal kidney function but does not exclude patients with early kidney damage (those with albuminuria, haematuria or abnormal kidney imaging).

Requested Tests : VBF*, TFT*, STE*, GLU, CRP, MBA, LIP, FE*, FBE, DVI*

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Phone: 67921323
Birthdate: 26/12/1955 **Sex:** F **Medicare Number:** 4399301164
Your Reference: 00009709 **Lab Reference:** 22-18153110-VBF-0
Laboratory: Lavery Pathology
Addressee: DR NAVIN ERATHNAGE **Referred by:** DR NAVIN ERATHNAGE

Name of Test: B12, FOLATE, R.C.FOLATE (VBF-0)
Requested: 15/09/2022 **Collected:** 16/09/2022 **Reported:** 16/09/2022 22:48

Clinical notes: Check up.

Clinical Notes : Check up.

VITAMIN B12 AND FOLATE STUDIES

Vitamin B12 410 pmol/L (301-740)

Requested Tests : VBF, TFT, STE*, GLU, CRP, MBA, LIP, FE, FBE, DVI*

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Your Reference: 00009709 **Lab Reference:** 22-18153110-TFT-0
Laboratory: Lavery Pathology
Addressee: DR NAVIN ERATHNAGE **Referred by:** DR NAVIN ERATHNAGE

Name of Test: THYROID FUNCTION TEST (TFT-0)
Requested: 15/09/2022 **Collected:** 16/09/2022 **Reported:** 16/09/2022 22:48

Clinical notes: Check up.

Clinical Notes : Check up.

THYROID PROFILE

Request Number 18153083 18153110
 Date Collected 14 Sep 22 16 Sep 22
 Time Collected 09:34 08:28
 Specimen Type: Serum
 TSH (0.5-4.0) mIU/L 0.57 0.84

Result(s) consistent with euthyroidism.

Requested Tests : VBF, TFT, STE*, GLU, CRP, MBA, LIP, FE, FBE, DVI*

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Your Reference: 00009709 **Lab Reference:** 22-18153110-FE-0
Laboratory: Lavery Pathology
Addressee: DR NAVIN ERATHNAGE **Referred by:** DR NAVIN ERATHNAGE

Name of Test: IRON STUDIES (FE-0)
Requested: 15/09/2022 **Collected:** 16/09/2022 **Reported:** 16/09/2022 22:48

Clinical notes: Check up.

Clinical Notes : Check up.

IRON STUDIES

Specimen Type: Serum			
Serum Iron	25	umol/L	(10-30)
Transferrin	29	umol/L	(32-48)
Transferrin Saturation	44	%	(13-45)
Serum Ferritin	134	ug/L	(30-400)

Transferrin may be decreased by inflammation (acute or chronic), or protein deficiency or loss. The ferritin concentration excludes iron deficiency.

Requested Tests : VBF, TFT, STE*, GLU, CRP, MBA, LIP, FE, FBE, DVI*

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Laboratory: Lavery Pathology
Addressee: DR NAVIN ERATHNAGE **Referred by:** DR NAVIN ERATHNAGE

Name of Test: VITAMIN D (DVI-0)
Requested: 15/09/2022 **Collected:** 16/09/2022 **Reported:** 16/09/2022 23:16

Clinical notes: Check up.

Clinical Notes : Check up.

VITAMIN D

Haemolysis	Nil	
Serum 25(OH) Vitamin D	80	nmol/L

Suggested decision limits for Vitamin D status:

Sufficiency	51 -200	nmol/L
Mild deficiency	25 - 50	nmol/L
Marked deficiency	< 25	nmol/L
Toxicity	>250	nmol/L

References: Vitamin D and health in adults in Australia and New Zealand:
Position Statement. MJA 2012 June 18; 196(11),686-687.

Requested Tests : VBF, TFT, STE*, GLU, CRP, MBA, LIP, FE, FBE, DVI

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Your Reference: 00009709 **Lab Reference:** 22-18153110-LIP-0
Laboratory: Lavery Pathology
Addressee: DR NAVIN ERATHNAGE **Referred by:** DR NAVIN ERATHNAGE

Name of Test: LIPID STUDIES (LIP-0)
Requested: 15/09/2022 **Collected:** 16/09/2022 **Reported:** 16/09/2022 22:40

Clinical notes: Check up.

Clinical Notes : Check up.

LIPID STUDIES

Request Number 11195549 18153083 18153110
Date Collected 22 Jun 21 14 Sep 22 16 Sep 22
Time Collected 13:51 09:34 08:28
Specimen Type: Serum

Reference intervals are included for reference only, and interpretation / treatment goals should be guided by patient-specific cardiovascular risk assessment (see Australian Cardiovascular Risk Charts. Alternatively, the web-site www.cvdcheck.org.au can be accessed in order to complete a risk assessment for individual patients.)

Haemolysis	Nil	Nil	Nil
Icterus	Nil	Nil	Nil
Lipaemia	Nil	Nil	Nil

Fasting status	Random	Fasting	Fasting
Chol (3.9-5.2) mmol/L	7.7	8.1	8.2
Trig (0.5-1.7) mmol/L	0.5	0.5	0.5
HDL (1.0-2.0) mmol/L	3.4	3.3	
LDL (1.5-3.4)	4.1	4.6	
Non-HDL (< 3.4)	4.3	4.8	
Chol/HDL (< 4.5)	2.3	2.5	

NVDPA TARGET LIPID RANGES (MMOL/L) FOR PATIENTS AT HIGH / MODERATE RISK OF CARDIOVASCULAR DISEASE:

TOTAL CHOLESTEROL	<4.0
TRIGS (FASTING)	<2.0
HDL-C	>= 1.0
LDL-C	<2.0
NON HDL-C	<2.5

High levels of cholesterol can be seen in disorders of apolipoprotein metabolism, nephrotic syndrome, endocrine dysfunction or cholestasis.

Requested Tests : VBF*, TFT*, STE*, GLU, CRP, MBA, LIP, FE*, FBE, DVI*

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Your Reference: 00009709 **Lab Reference:** 22-18153110-CRP-0
Laboratory: Lavery Pathology
Addressee: DR NAVIN ERATHNAGE **Referred by:** DR NAVIN ERATHNAGE

Name of Test: C-REACTIVE PROTEIN (CRP-0)
Requested: 15/09/2022 **Collected:** 16/09/2022 **Reported:** 16/09/2022 22:40

Clinical notes: Check up.

Clinical Notes : Check up.

C-REACTIVE PROTEIN

Specimen Type: Serum
Serum CRP < 4.0 mg/L (< 6.0)

Requested Tests : VBF*, TFT*, STE*, GLU, CRP, MBA, LIP, FE*, FBE, DVI*

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Your Reference: 00009709 Lab Reference: 22-18153110-STE-0
Laboratory: Lavery Pathology
Addressee: DR NAVIN ERATHNAGE Referred by: DR NAVIN ERATHNAGE

Name of Test: TRACE ELEMENTS (STE-0)
Requested: 15/09/2022 Collected: 16/09/2022 Reported: 17/09/2022 15:29

Clinical notes: Check up.

Clinical Notes : Check up.

PLASMA TRACE ELEMENTS

(RI)

Zinc 11.4 umol/L (10.0-18.0)

RI = Reference Interval

Requested Tests : VBF, TFT, STE, GLU, CRP, MBA, LIP, FE, FBE, DVI