



25 March 2024

Dear Dr. Ei Ei Maw,

Re: Referral of Katie Arbon, DOB - 19 September 1983.

Katie Arbon presented to my telehealth Naturopathic clinic on 25 March 2024 for assistance with symptoms of anxiety and obsessive-compulsive disorder (OCD), PMS-A, and a general improvement of her overall health, including her recurrent sinus infections and out-of-range/sub-optimal pathology markers following her recent blood test on 20 February 2024 sent for by you due to her symptom of galactorrhea, including elevated/sub-optimally high liver enzymes (AST, ALT & GGT), mild thrombopenia, sub-optimally high anion gap and low total cholesterol. Katie has also mentioned a family history of thyroid cancer and a brain tumour.

In addition to retesting her ELFTs next month, I would appreciate it if you would consider ordering the following tests and taking Katie's blood pressure reading in addition to anything else you consider necessary:

- FBE
- Full lipid profile (total cholesterol, HDL, LDL & triglycerides)
- Thyroid extensive profile (TSH, free T4, free T3; reverse T3, ratios, TPO Ab, ATG Ab, TSH Receptor Ab),
- Iodine
- Red Cell Folate
- Red Cell B12
- Homocysteine
- Serum zinc

I am currently working with Katie to assist with her presentation through dietary and lifestyle modification as well as nutritional and herbal supplementation. In the mutual care of our patient, I would appreciate the sharing of any relevant information that will assist with the health management of Katie.

Thank you in advance for your consideration. Please contact me on the details below if you require further information relating to our patient.

Janaya Karloci

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I, Katie Arbon, have read the details outlined above and consent to share the information contained herein with the practitioner disclosed in this letter. I agree to pass this information on and for the outcomes to be returned to the consulting practitioner.

Signature: