

24.2.25. Alexandra Watson

Boxed at school.

Itchy scalp. ⊕ scratch.

Dry skin.

Last Rx Mag carb - not much Δ

Same dreams

Blows nose morning +

3rd cold since whooping cough.

Covid Dec. (2nd time) → asthma tic cough - Ventolin.

Wakes up crying

Bad dreams

Robber who break in + kill whole family

sees family murdered

Came home late. Parked in drive.

Suddenly big white van pulled up. 2 people
in full black ~~clothes~~, no eyes + face

White gowns.

started slowly walking

Knives attacking us.

Dream

Running + falls into a hole; calling for M. but not
heard. Fall forever.

Sore throats returning.

Left tonsil is huge even when not acute

acutes - start on left tonsil - large & red.

Last week - acute > Ars. The Merc. → Pulsatilla

This week → Ars

Stuffy & dry at night

Today, wheezy all day.

Since April 2024 - pneumonia.

Every acute - needs steroids

Emotions - changeable

Laughing to crying

v. touchy moods

v. sensitive to criticism; talks back.

Siblings feel she's domineering

At school - doesn't stand up for self

stands up for friends in injustice

Sore tumour came back when bullied - kids surrounding her & putting her down.

(stopped now)

Girls picking on her - gone to high school.

In class is good friends now.

Digestion ok.

Constantly picking & rubbing nose. Picks so much gets scabs

Needy; I want mum.

Cries when cuddle no

f. sad.

I feel like you don't love me as much as you used to

⊕ Small like Catherine to be just x me & her own;

sleep together

Itchy all over

Emotional

Cry self to sleep for no reason

④ salty food

Hot - but lately chillier
wear ~~the~~.

④ fresh fruit & juicy

④ dairy; butter; milk

④ meat

④ Bannials - exp. cats

Sneezing - 2° sleep to y

Hair splotches on face & cheeks & hands as if mossie

White spots - nails

④ book - Warrior Cats

Small cat - Kestrel. Joining cl. of wild cats

Relate to Ravenpaw

One of the cats hates him

He's evil; killed to 2nd leader just so he can be
leader & want to take over

He's creative; loves adventures but quiet

He's Hunted; terrified

friends help him escape where he meets an outsider

Rumors spread about him.

F: scared & worried the whole cl. will turn on him.

R: Can't speak up for himself; shy & doesn't want to
cause any trouble. Doesn't want to get hurt. Not a
natural speaker.

④ a warrior & live his life in peace.

Jealous; that gets get more attⁿ.