

17. 7.24 Anna Watson

Body not bounced back

Nightmare returned

Biting nails

Sucking thumbs

Scared of dark again.

→ Phos. x 4 → acute again.

Waking 1-2/week w. nightmares

- v. gory

Stool - constipated - normally v. regular
since mycoplasma.

- no urge

- leans back to stool

Hear noise of people talking & whispering in dark.

Sleeps w. M^o + Catherine - has best sleep.

⊕ Closer to Mum.

Fear be left alone.

Feet safer in M^o

Someone will take me or murder me.

(talk in baby voice)

Clinging to M^o ; follows me around.

Out of breath

Mouth breathing - better

S: of bubble in throat; gulping to push it down

v. emotional;

Offended easily → bursts into tears.

Happens to sadness quickly.

after mycoplasma

Dream

Someone at door; Papa looked outside
a killer; had to hide.

He decided to close the door & opened door &
killed me w/ a knife

Katya was saved.

Family came to

I was a ghost & could see everyone.

I don't want to be separat

Globus sputiosus

Needs toy + light + cuddle.

At school - runs off to play

Cares about everyone.

Facial palsy - improved

Only there (left) when upset or sick.

Skin

- after mycoplasma.

- lower abdo
eruption

cheeks - fine bumps + arms +
bottom.

- very itchy

Sleep - waking 4 am & can't go back.

Difficulty falling asleep on own.

No problem if sleeping in M.

V. tired 4 - 5 pm.

Appetite great

④ sweets

} Cold drinks

} ice

O.J.

Some fruit + lollies

Pickles - raw

Vinegar

⊕ meat

New Flavours - new veg.

⊕ dairy ; cheeses

Sleep walking after mycoplasma.

- runs out & says everyone's shouting in her ear.

jealous & left out when Alice stamp up & M.
'not fair'