

25.11.24 Anna Watson.

In sleep - moving around

Coughing up phlegm + swallowing

Whooping cough ended mid-October.

Then 2 acute 1 after the other  $\rightarrow$  choking cough  
etc

Gulping

Mucous too thick + blocks airways

Yellow/green

Heys >

Chewing nails after whooping cough

'can't help it'

Chewing toenails

Picks cuticles; rips nails

(copies Katrina)

Forgets things

During cough - slept in N°

Found black mould in lounge under carpet.

? maintaining cause.

Asleep - doesn't need night light if N° not there.  
Doesn't need music; > 1/2 fan.

School-

Better at maths, Eng

More spaced out after whooping cough

v. emotional to any reprimand.

Crying easily

Shouts/yells

Extreme emotions. Stops her from thinking clearly.

Loves school.

Caring friends

⊕ pasta pasta ⊕ meat; fat on steak  
ice cream. choc. luts

v. sweaty - face + cheeks least scent in  
scent sweet - head.  
Smelly feet - old cheese  
Uncover at night; feet stick out of covers  
All wild position.  
Lots of pillows + toys under head  
Mouth breathing - ↓  
Constipated - learn back to stool.

Dreams.

Fine rash on face + ears - chicken skin (keratosis)

SULPHUR.