

28.6.24

Problems at school.

Bullying. Boys tease me for my lip.

School meeting - bullying others.

Lonely inside

Everyone's gone finding until they find out you different
surrounding me - 4K6 kids

Scared inside

Can't stand up for myself

At it alone.

1 boy now acting friendly

Group - friends in mean girls.

In Russia - no one had anything

Now constant competing. No

A. - timid + gentle.

M. - I was feisty + snappy; stand up for myself.

R: walk away + cry.

M. - when she suppresses emotions → bad dreams

Got home. v. dark; shadows all over walls.

Car pulled up. Dark + white robes.

Had knives + attacking us.

Tried to open door but locked.

Ran around back; door locked too

Anna came out; told her + she helped + we all

died

F: Scared; heart sunk

Running from robbers

I jump over fence

Knives

Everything went black; nothing; floating

no one left in world - all alone.

Horrified; terrified.

Papa at work.

M: at home; fighting; trying to protect Catherine.

R: tried to protect everyone

? exp.

Quiet is deafening

V. soft humming

R: accept it; sit there

Bullying - felt like the darkness. I felt dark & lonely inside; couldn't stand up for myself - no hope left.

Feel like nobody values my opinion.

I try to suggest things & people go in other things

No one wants to listen to what I have to say

I'm not needed; don't have a place in this world.

Not part of the group.

Friends - no value my opinion

Home at home - I try to speak & no one listens; no one wants to hear what I have to say & knows what I need.

I need

When fight is sisters - not included.

Jealousy - sisters don't let me play their games.

I'm more of a lone person.

I don't fit in