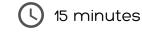


Chocolate Bliss Balls



12-16 balls



A delicious yet healthy chocolate snack for an afternoon treat. Packed full of protein to keep us full, as well a nutrients like zinc, fibre and B vitamins to keep us healthy!

Ingredients

11/2 cups of almonds 1 cup pitted dates 1/2 cup cacao butter 1 cup shredded coconut 1tbsp honey 1/2 cup protein powder 3 tbsp of cacao

1 tbsp chia seeds

Instructions

- 1. Blend all ingredients until well processed
- 2. You may need to add a little water to get the correct consistency
- 3. Once blended, mix will be sticky
- 4. Roll into balls and coat in coconut if desired
- 5. Store in fridge

