



Chocolate Bliss Balls



12-16 balls



15 minutes

A delicious yet healthy chocolate snack for an afternoon treat. Packed full of protein to keep us full, as well as nutrients like zinc, fibre and B vitamins to keep us healthy!

Ingredients

1 1/2 cups of almonds
1 cup pitted dates
1/2 cup cacao butter
1 cup shredded coconut
1 tbsp honey
1/2 cup protein powder
3 tbsp of cacao
1 tbsp chia seeds

Instructions

1. Blend all ingredients until well processed
2. You may need to add a little water to get the correct consistency
3. Once blended, mix will be sticky
4. Roll into balls and coat in coconut if desired
5. Store in fridge