



# NATUROPATHIC PRESCRIPTION

Patient name: David Mulally  
DOB: 20/01/1979 Mobile: 0422974080  
Practitioner: Amy Makejev

## PRESCRIPTION/DOSAGE

\*\*This prescription is valid for 6 months from date of creation. No repeats are to be dispensed after 6 months without further consultation. \*\*

Product	Morning	Midday	Night	Rationale
■ <b>BioPractica Diasporal</b>	1 x sachet in water with meal after basica is finished			Magneisum for stress & energy support
■ <b>BioPractica RejuvaCalm Forte</b>	2 x tabs with breakfast or dinner			Herbs to ease anxiety/stress
■ <b>BioClinic Naturals Vitamin D</b>	1 x tab			Improve vitamin D levels to over 100
■ <b>BioPractica Basica</b>	1 x scoop in water			Electrolyte/alkaline balancing formula for optimal hydration & cellular function
<p><b>Herb/nutrient/drug interactions &amp; contraindications are always considered prior to prescription. It is incredibly important that you notify your practitioner of any changes to your current medication to ensure the prescription is still suitable &amp; safe for you to continue. This prescription is to be consumed by the patient listed above &amp; not to be shared with any friends or family.</b></p> <p><b>Please also share your supplementation regime with any other health practitioners or GP's you may be consulting. If you experience any unusual side effects, stop your supplements immediately &amp; email your practitioner (details below).</b></p>				

### Herbal Formulas:

\*SIZE\*

Dose:

## PURCHASING YOUR PRODUCTS

### Herbal Tonics

If your prescription contains a herbal tonic, your prescription will be sent to Grove Health Dispensary where they will source & dispense all products (including nutraceuticals) on your prescription & post it to you (pick up is also available).

Contact:

Grove Health Dispensary Pymble

Phone: (02) 9491 8009 – leave a message if no one answers

Email: [dispensary.pymble@partneredhealth.com.au](mailto:dispensary.pymble@partneredhealth.com.au)

### **Nutraceuticals Only**

Telehealth Patients: If your prescription contains only Nutraceuticals, you will receive an email script from [Vital.ly](https://vital.ly) with a link to purchase the products you need. They will then dispense & post all purchased products to you.

In Person Patients: If your prescription contains only Nutraceuticals, your prescription will be sent to our other third-party dispensary at Synergy Compounding Pharmacy where they will source & dispense all purchased products to you. Pick up in Crows Nest, NSW.

To confirm order/make payment please contact:

Mike at Synergy Compounding Pharmacy

Phone: (02) 9061 3944

Email: [info@synergycp.com.au](mailto:info@synergycp.com.au)

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### **PRACTITIONER SIGNATURE**

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Amy Makejev

BHSc (Nat)

NHAA #157158

Signature:



Date: 29/11/23