



Gummies

For a quick and easy treat, full of the good stuff, these gummies are the go! Packed full of Vitamin C, B Vitamins, and Zinc, these are the perfect treat to help support your little one's growth, energy & immunity. Don't be surprised if these become a regular treat in your household.

Ingredients

3/4 cup of orange
mango juice (or juice
of choice)

1/4 cup Natural Gelatin

1 tbsp Maple Syrup

1 tbsp Nutra Organic
Berry Immune Powder

Instructions

1. Bloom your gelatin by adding 1/4 cup gelatin to 1/2 cup of water.
2. Warm juice in a saucepan, once hot remove from heat and stir through bloomed gelatin, Berry Immune and Maple Syrup.
3. Pour into the prepared tray or jelly molds and refrigerate until set, approximately 2 hours.

You can substitute the Berry Immune Powder for any of the Nutra Organic Powders such as Vege Hero or Collagen Powder. For more gummy recipes see <https://nutraorganics.com.au/blogs/recipes/tagged/kids>