

25. 3.24

Life busy

2 eke in school - makes things crazier.

→ exhausted

I just feel good. I feel joy in life. Don't remember ever

telling him before.

But make me realize how I've brought me down to

wanting to die. Now I love life + happy.

Missed out on a lot of life

30 in 2 weeks. Going into new decade free to direct my

life where I want to be.

Not where I imagined myself to be.

- I will be divorced; not the nuclear family.

Brad seeing someone I've known for a while

saw signs. Just want him to be honest w me.

Didn't feel any jealousy at the time.

2/12 saying he loved me + wanted to come back.

Talked to him about it; I should stay out of it.

Feels v. final, which is a bit upsetting

He told me he knew we were done 5yr ago.

Noticed hostility in me about it but > after talking

about it to him.

No hurt - confirmation for me. I don't care! no feelings

Makes me feel cold, but then realize I was over him a

long time ago.

Want him to communicate before kids meet someone

(W) 2 eke asking questions about the separation

I wanted to cry. but couldn't show I was sad as he's so

sympathetic, it would get him too emotional.

Don't know healthy emotions in kids

My parents reg. me a victim

Don't want kids to have to fix me.

I'm sad that he's sad.

2 eke good at sharing emotions.

Going away for h. day. 12.50.

ControlUnit approved - applied in Oct.

Can't move out yet but can pay rent + contribute more.

Remy starts prep in 2025 → plt work.

until then - work for F.Z.C.

2026 - F/T.

D/C like w. worth.

Mentally, the best I've been.