

27.5.24

Joseph S. 14.

Tattoos

Good - close mates

Sensitive - opinions of others.

Quiet around new people.

Caring

Nice; friendly

Loyal

Connection to roots - Culture

Want to help others.

Islander culture - all come together as one.

- feel welcome

- good time

Used to go to church events & camps.

would go if family went.

Wouldn't go as things I've done &

as

someone who wouldn't be allowed in church.

If I went back, feel like I wouldn't belong there.

? reason for frequency

in self - No.

A lot of mistakes I made → GUILT

DSH is front of best mate → he started to DSH.

When I tried to take my life 2yrs ago.

Still v. close

He went downhill 2mrs later

We've talked about it

He's always there to help me after.

My little bro - brought him into my group → AOD.
- cannabis, coke, MDMA.

Belonging

- Family
- feels good being together
- image: family tree
- A big tree is memories around family & friends

OPP.

Not welcome.

out of place

Not fitting in

image: crowd of people on one side. Me on other side

Exp.

Lonely

R: wouldn't care if wasn't included.
(external) Tough

internal - sad. Crying; quiet; keep to self.
withdraw & hide

Feels good for a while; then downhill.

want to reach out but don't want to bother them.

A dark place

Now: in + out.

⊕ in but ⊕ out to distract myself.

? in + out exp.

A door. the other side.

Dark clouds & rain; open door & sunny & bright.
after life

On this side - alive; living life.

Other side - after life. Can go to heaven.

S-I. toned down.

Looking for jobs

Course on Thurs / Fri - traffic control.

- through work provider

Plan to end life before birthday - gone

2. my mendicant

I want to stay around - help my family

Shark teeth

- Ocea

Small island surrounded by water (Samoa)
People think they're aggressive - scary but
they're harmless.

Need someone to lean on

Threat to feel alone - no one to help you.

Need group to survive

(not something lacking)