

Jacob
Danielle

"There are trapped emotions in Julie relating to her gut issues, that are ready to be released."

1. **Love Unreceived**

A feeling that one's love has been rejected. Feeling unwanted, not cared for; not accepted; a lack of love where it is desired.

Inherited from Mother, from her Mother, from 12x Great-grandmother. Also released for Danielle.

2. **Taken for Granted**

Feels treated with careless indifference; not given thanks or for something accomplished, similar to ignored. Taken advantage of.

Inherited from Father, from his Father, from 15x Great-grandfather. Also released for Jacob.

3. **Heartache**

Anguish and pain of the heart; distress usually as a result of difficulty or sadness in a relationship. Felt as a crushing or burning physical sensation in the chest.

Inherited from Father, from his Mother, from 8x Great-grandmother.

4. **Betrayal**

To feel *betrayed* is to have your trust broken, to be deserted or hurt by a trusted one.

Inherited from Father, from his Father.

5. **Horror**

A strong emotion of alarm, disgust, or outrage caused by something frightful or shocking (e.g. an event of extreme violence, cruelty, or macabre.)

Inherited from Father, from his Father.