

5. 2.25 Katrina 43.

N+D - not able to eat.

Bacterial overgrowth?

Medic put it down to anxiety

Just holding on emotionally, so exhausted
I frightened I won't be able to work - I =
I'm really sick to stomach

Wake wide awake w/ nausea

Axonaline helps me.

Once the Dia. passes, I feel better.

Now just nauseous + can't do anything

2 yrs. of being unwell.

affecting me mentally.

Called into work early.

→ ans. What if I'm not able to?

Can't reign it in as D. + nausea real.

I used to think my throat was too small → panic
→ CBT.

But this is real.

I think I'm having an allergic reaction but > CBT.

When I was really small, told if I didn't behave
my M^o would bait me (put glass in front). I was
too scared to eat (8yo) - 1st panic attacks.

I believed she'd do that. I'd chew food + spit it
out. (friend of M^o)

Viral meningitis - 8yr

Really worried about what to do gut
I'm not eating
Burning inside

Diarrhoea every day - morning
stool - bits then diarrhoea;
yellow; jelly - it is darker

Nausea - sl. better after bowel empty.
Belly always uncomfortable

S. Hunger;

Feels distended; stretched out.
GP → anaesthetics
Leads to

Bad taste in mouth - rotten eggs.

1 banana today.
No stool test.

As kid - could eat anything

* Had KFC one night - 3.5 - 4 yrs ago → v. sick. Since then,
problems w. belly
Hong Kong 5yr ago - food poisoning

IED → R/f to Maureen.

Have anxieties about it.

Fear - not being able to do things; take care of my son.
Want to enjoy my son; do my best.

Once wake, can't go back to sleep.

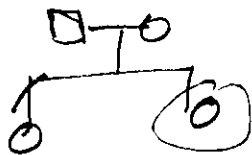
? gut dysbiosis

D/C repairing gut → R/f to naturopath for products

Development at hx

Nepean

Grew up 5th parish



1/2 50 - M^o gave up for adoption.

M^o v. absent; both absent. (typical)

M^o gambled.
If I was upset, she'd give me a cigarette
owned their home.

F^o always worked - gov. office

M^o office work.

School to YR 10

YR 11 + 12 = 1 yr at TAFE

sales jobs;
Studied nursing.

Ethan -

16 - met Ryan

23; 2005 - married

23 - Ethan.

24 - Emily

Studied nursing when they were small - so weren't
embarrassed about me

wish I'd spent more time with them instead of
working so much.

Worked F/T until 40

Kids were in preschool.

Functioned at v. high level.

Had post traumatic stress for Ethan. → CBT then
none until now.

I did emergency C's; cardiac.

I preferred talking to people + seeing people get better.

Nurse of the year 2008.

GM got pressure sore
Bound care.