

26.2.25

Katrina

Dizziness + pain $\leftarrow \rightarrow$ ED

Can't keep fluids up.

+ Low BP

$\rightarrow$ CT scan $\rightarrow$ inflammation in colon

$\rightarrow$ ENT

Colonoscopy 2022 $\rightarrow$ didn't contact me w/ results
but found out I was Dx'd w/ chronic cholecystitis
 $\rightarrow$ v.v. angry

Colonoscopy - Friday

Should have been addressed in 2021 when presented to
Hawkesby ED x20 + admitted for Kt infusions

Not eating

Hard to survive like this

HR - 140 w/ha

U.T.I. gone

Bulky uterus - came up in CT.

Cholecystitis $\leftarrow$? mucus.

Burning - umbilicus

Nausea on waking

Feel like I need to go but can't
as if constipated - can't go.
- even if been x50

When I stand up, as if something will fall out.
as if muscles will let go. + all of insides will
fall out.

S: as if body wants to expel everything in it.
(on waking)

stool: Watery; undigested food.

Burns like I'm hungry.

Low gurgling

Distended

as anything tighter along lower abd.
notice can touch that area.

a lot of issues in digestion in life.

Elijah - that's when it kicked off.

Probs in stomach in 2021 after KFC

that Dec - Covid

- no resp. stuff; just diarrhea for 9hrs daily.
+ vomiting → brain bleed.

Scared me now to have nausea.

Feel comes up; panic in vomit
Could feel it pop when vomited.

Knew something v. wrong.

Always knew something seriously wrong in gut.

K+ infusions given.

Lost 30kg.

Repeating self as traumatised

So exhausted.

Energy gone

Everything sad. Not same person I was.

I could do a C-section in 10 min.

I'm slow to do things; mind is slow.

HR 4 in sun doing stuff. Can't be out in the sun.

Never had issues doing everything.

Lost a lot of friends as can't explain what's wrong
to me.

I worked hard at my career. Now can't

UT I want v. quickly - I was surprised. D.G v/A + clear.
- used it 3 more times.

As a child - panic attacks - that I couldn't
swallow food

Fights - usually focus on stomach.

Reaction
1st +/p to ED. PTSD. (got stuck in the fear.

I was able to...

STUCK

→ Transition

? had negative issues 1yr prior to Elijah.
after Elijah, didn't cope well in the labours.
couldn't handle the pain. He came v. quick
Was Covid; didn't want to be in a hospital 2^o
infection.

Panic attacks as a child

Were stuck in a panic attack until Elijah.

Specific triggers in life when got the panic.

1st one - don't remember. Tried to do hypnotherapy
but freaked me out.

7 -

9 -

13 -

} something happened that should have.

Vulnerable to speak about it

I've masked alot & trying to keep everything together.

R: hide it - don't say anything; pretend it
nothing happened.

F: sick