

10.5.24

Karyn Mole.

53 yrs.

DX osteoarthritis.

X-Ray

Edward (19) moved out & back in; on Ls

Blake (5) - computers at uni

Struggling.

Not death? breakup from Karyn & murder / suicide in 2012. At the time, was solely focused on the kids.

Edward reads later

Blake took it harder, as he was 13.

Cleaning up yesterday & found his ring.

also found 2012 diary

I'm not ready to let it go.

1. normal death, a reason behind it.

2. suicide, all the yrs.

Too hard to handle.

Re breakup, fo

Nothing ever good enough. Still got that in my head.

House inspection next week.

Have collected so much stuff. Throwing everything out.

Clearing out bringing up alot.

I'm so angry at him for what he did to us

+ what kids missed out on.

Been doing HOPE walks

still home caring but need a Δ.

⊕ go into disability.

Carnal. Want to be permanent but ⊕ Δ

Chairs have died. That's been hard.

Hours vary 9-11 Tue + Thursday.

North Rocks - help feed

2023 - OLD holiday on my own. Best holiday.

Stayed w/ friends from school.

Yid puzzles; went to Bee Gees Lane.

Tassie next year.

It was so good.

Edward left school. Got job; got fired + another job.

Moved out Nov. 2022. for 18 mos.

Blake still home.

Was very different

Having him home, like he never left.

Still has A.O.D. - reminds the past difficulties

M^o - knee replacements

F^o - kidney stones.

B^o turned 50

Breakup

Had to leave everything (Cannock)
+ avoided

Met him, he was doing AOD program - 3/12
I was in Crown Nest Cafe.

He lived near Harriet + his parents in Cannock.
I moved up in May 1998

Blake Jul '98

Moved in with M^o until got our own place.

2002 - moved to E. Cannock

2004 - Edward.

One day had an argument + I left + stayed w/
friends at Casuarina park.

Blake wanted me home

One day asked me to clean out cupboard then
told me to do it again.

He was suicidal

Blake 3 or 4 + he said he was going to gas himself
I said don't you dare.

He'd go off + never tell me where he was.

Now I know it was to see Tanny

Came out later he had affair our whole life

2005 - Court

Like my own relat. a complete lie.

One time, I said to him 'if you want to do it, do it.'

One day he threatened to drive off Cliff's kids
Can't remember too many happy memories

12 yrs \$

He was a good cook

Went to Gloria Estefan.

He loved the boys.

He had depression.

He ruined his brother (suicide) 998)

He wanted to better himself.

Was in AA + 12 step heroin.

Didn't know much about his past.

His f° not there yet as he had ETOH.

Still in touch with his family.

M. + F° moved to retirement village.

First love. Had other relat. but didn't work out.

I'd like company but not another relat.

? effect

Wanting to tidy house, but keep hearing his
voice 'not good enough'

④ around agent

Bro motivated me + gave me instructions to get started.

Enjoying process & purge.

Making me feel better.