

28.6.24

Kayla

Edward v. Blundy to me

Blake didn't want to live in me + his.

They couldn't see him till after court.

(I had residential custody)

Aug → Nov.

Court said Ed could go once a month.
Blake - fortnightly.

Train to Central Coast + 2 kids

Blake wanted to run away + try to run in front of car

Have I done the right thing? Leaving him + not explaining why

I could have handled it differently

Blake couldn't say goodbye to his friends

His reading behind. but picked up quickly

? Positive

- Able to get belongings out her home safely
- Packed car up, picked kids up + drove to Sydney
- Able to stay in his room overnight
- Refuge did cooking course. Made recipe book
- Self. care activities
- Low self. esteem. then
- Joined craft group at Riverstone - excellent.

D/C Redding your life

⊕ help others.