

28.10.24

Khadeesh.

Red lips.

Cough on waking + night

> Arsenicum.

1 (left eased cough + anxiety
M^o yesterday for 1st time)
fear

dark

Leaving M^o - anxious before goes to sleep that M^o will be
there on waking

- shy to strangers.

Always been attached

< since M^o in hospital i.e. Covid - woke + I wasn't there

Screams for M^o if can't see her.

v. headstrong; determined; hard to control.

Eager to help others;

⊕ build; v. hands on; ⊕ build + help build things.

Smart; puts things together

Too forward + advanced.

v. loud

Huge personality; love alot

⊕ outside

Boils on bum

MTHFR gene

Sore tummies after junk food.

Tend to sore throats

⊕ meat

⊕ fruits

⊕ sweets + choc.

Sleep - restless;

Snores; mouth breathing

? Adenoids

⊕ learning + quick learner.

→ Ars. pin for acute; — then constitutional.

~~+~~

Normal thermals

No sweat.

Inquisitive; wants to know
Mulls over conversations

Cuts own toenails

⊕ wear same clothes; hides clothes

Bites nails

v. particular

⊕ be in the dirt