

^{*} some test results cannot be interpreted accurately if not done in a fasted state

Pathology analysis information

Interpretation of the results: The "reference range" given in pathology tests is a statistical average of people who get blood tests at that lab. As healthy people generally don't get blood tests, the reference range is really just an average of previous test results **of many sick people**. The reference range used by doctors is generally **not** a healthy range. The optimum ranges used in this report are based on research and pathology texts for the best range for healthy people. This analysis report looks at a combination of test results for a holistic view of specific risk factors. Further testing may be required to investigate issues to find the causes of some abnormal results.

Testing may be recommended to be repeated, say every 1-3-6 months, depending on the test, to check for progress, and to adjust treatment plans as needed.

Please note that this analysis report is NOT attempting to diagnose conditions, but to highlight nutritional deficiencies or excesses, or poor organ function which may or may not have previously been known.

Results interpretation

- 24 If your result is within the optimum range, it is coloured green. Hence green results are GOOD!
- **7.6** If your result is outside of the optimum range, it is coloured red. Red results are not ideal.

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125 If your result is particularly significant, severe or abnormal, it has been highlighted in yellow too.

Pathology Test Results - Naturopathic Summary Report

Key Nutrients:	Deficient	Good	Excessive	N/A	Result
Iron - intake			Excessive		24.00
Iron - absorbed			Excessive		34.00
Iron - stores (male)				N/A	
Iron - stores (female)	Deficient				41.00
Vitamin B12	Deficient				328.00
Folate			Excessive		42.50
Protein			Excessive		75.00
Zinc				N/A	
Copper				N/A	
Vitamin D	Deficient				84.00
Calcium				N/A	
Potassium			Excessive	·	4.80
Phosphorus				N/A	
Cholesterol				N/A	
Carbohydrates/sugar				N/A	
Sodium		Good		•	140.00
Chloride			Excessive		107.00
Anaemia risk:	Low	Good	High	N/A	Result
Haemoglobin (male)			36	N/A	
Haemoglobin (female)	Low			, , .	123.00
Vitamin B12	Low				328.00
Folate	2011		Excessive		42.50
Zinc				N/A	12.30
Digestive system:				N/A	
Stomach acid	Low			10,71	
Leaky gut					
Dysbiosis	Yes				
Lifestyle:	Deficient	Good	Excessive	N/A	Result
Stress - Cortisol				N/A	
Stress - ACTH				N/A	
DHEAS - male				N/A	
DHEAS - female				N/A	
Liver function:	Low	Good	High	N/A	Result
Cholesterol	LOW	Good	riigii	N/A	Nesuit
Triglycerides				N/A	
Bilirubin			High	IN/A	16.00
Liver enzymes - ALP	Low		riigii		48.00
Liver enzymes - ALT	LOW	Good			17.00
Liver enzymes - AST		Good			15.00
Liver enzymes - GGT		Good			20.00
Kidney function:	Low	Good	High	N/A	
•	Low	3000	High	N/A	Result
Urea	Low	Card			2.00
Creatinine		Good		N1 / A	72.00
Urate (Uric acid)		0		N/A	20
Estimated Kidney %		Good	<u> </u>	N-/-	90
Thyroid function:	Low	Good	High	N/A	Result

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TSH			High		2.35
T4 - Inactive hormone			iligii	N/A	2.33
T3 - Active hormone				N/A	
T4-T3 ratio				N/A	
Thyroid antibodies				14/71	
Immune function:	Low	Good	High	N/A	Result
White blood cells	LOVV	Good	mgn	N/A	5.30
Neutrophils		Good			58.00
Lymphocytes		Good			34.00
Neut/Lymph ratio	Low				1.71
Globulins			High		33.00
Vitamin D	Low		J		84.00
Zinc				N/A	
Inflammation:	Low	Good	High	N/A	Result
Short term - CRP				N/A	
Long term - ESR				N/A	
Homocysteine				N/A	
Vitamin D	Deficient				84.00
Oxidative stress:	Low	Good	High	N/A	Result
Urate (Uric acid)				N/A	
Homocysteine				N/A	
Heart health:	Low	Good	High	N/A	Result
Triglycerides				N/A	
Triglyceride : HDL ratio				N/A	
Albumin		Good			42.00
eGFR		Good			90.00
Homocysteine				N/A	
Stomach function:	Low	Good	High	N/A	Result
Zinc				N/A	
Vitamin B12 (serum)	Low				328.00
Folate (serum)			High		42.50
Total protein			High		75.00
Transferrin sat %			High		34.00
Energy production:	Low	Good	High	N/A	Result
TSH	Low				2.35
Cholesterol				N/A	
Vitamin B12 (serum)	Low				328.00
Folate (serum)			High		42.50
Haemoglobin (male)				N/A	
Haemoglobin (female)	Low				123.00
Transferrin sat %			High		34.00
Phosphate				N/A	