

G.P. - Kable St.

Past 20yrs - up & down - managed & med^d

Dr. Mitchell 4

was drinking. Stopped 9 yrs ago.

Drinking made it worse. Won't drink again

Decided to stop as didn't want girls to love me
1 bottle / day.

STOG

attempt 2024 ^{Aug} / Sept. - O/B.) husband found me.
→ Napean - a few weeks → ambulance
→ STOG

20yrs ago - O/B - coma for 4 weeks (30s)
(cerebral)

Just lost bro

husband had left me

couldn't deal w it any longer.

Had to learn how to walk again.

Determined to not let it get to me
Had to be there for kids.

Physical

Nit high B.P. - normal an med^d

Support

V. Loring caring relat; v. close; good com^m with
Alec - 'has my rock'
Try not to let girls involved

Bella & Ava

Close friends but don't burden them
Keep it to myself.

For abused M - physical & verbal.

Felt better in hospital, but then dog died.
Wanting to be picked up when she died.

Don't want to go back to hospital. Can't do it
to my family.

Numb.

Suicidal.

They must feel hopeless.

I know I'm safe at home. If I wasn't I'd tell
people.

I feel so bad to family to feel like that.

I know I won't do anything.

It's easier not to be here & deal with what I feel
& it's easier for family, but I know that's not true.

attempts

2024 - 2^o depression, not coping with M +

20 yrs ago

Alex's children came from Portugal.

I don't cope in the Δ. - (son & daughter)

Language barrier. Don't deal in Δ in house

→ BCB; cleaning - out of my control.

Previous marriage

(Ref. - Maree)

Alex - 10 yrs.

Work as disability support worker

Start back tomorrow. Will be a good distraction

20 hrs / week.

Start back slowly.

Lisa (51)

Dog died. Boxer.
F.

12 ECTs

Went me to do maintenance 4 weekly.

Matilda - 5 week admission

1st ECT in 2024 + prior - 20yr ago.

Had some good years.

always been on med =

Once down, I go down

Get suicidal badly.

Husband + 19yo ♀ live w/ me

Bella - 22 - NR.

M.D. + anxiety -

Clitor - rashes in hair + chew grass from anxiety.

Started doing that again.

Med = - stopped as didn't feel like myself.

Pre med =

Trying to tell myself it's ok; I've got my family;

Lost M^o + 2 bros. -

bro - suicide - 13yr (Matthew)

bro - hit by a car - 15yr (Michael)

M^o - Ca - Cervical - died 11yr ago.

Sister - don't talk to nurse

Dad - lives in my 5th

They don't make me part of their life

M.H.

I see health & health - but didn't get.
Tend

Medⁿ

Seroguel
Nor triptifine
B.D.

Hobbies

I like to cook
Looking after my family
Try to occupy my mind
Garden - grow veggies

In hospital - doing aqua aerobics daily
Will make appt. to Dr. Mitchell
Richmond Crematorium

EWS Relapse

I scared for own life, I'll tell you.