

13. 9.24.

Leila H.

Climbing out of a trough.

Good few weeks.

Struggle in me surveyor in the field.

like no responsibility & listening that, but would like more challenge.

Living situations -

Like staying in g.f.a + can keen to go home - boring.

Next year - ⊕ ONE

Bottom of pecking in order atm - work life

Male culture → constant state of letting me think they're right.

avoiding g.f.o as always ⊕ argue about politics.
He's never wrong.

always having to appease. - always been a people pleaser. ; taken on role of fitting

Help others.

Feel I have to work extra hard to prove self in workforce.
Go to employee of month. - nice feeling; but thought I'm always people pleasing.

I've gone all in to the profession, even tho not my choice - just do it & deal in the emotions later.

Connect it to childhood - always told I'm so mature - but I didn't sep. Childhood.

4 or 5 had to look after my infant so. She was bratty + had ADHD.

I just decided to start looking after her + where did I learn that. Don't understand where that came from.

Work mate - says I'm most intuitive person.

We didn't always have food

A° - from 8.

Age 7-8 - in foster family in Bargo.

2 mos ago - went to look at the house.

Suppressed memories. I need more space in my brain for important things.

Getting memories

Bio. F^o had BDD folder.

" Mⁱ always asleep - on ? methadone to get off drugs → always asleep.

DoCS involved but giving

Set her up in house in Preston - 5 doors from school

Sandstone brick, small.

Her room filled w/ crap

Had beds but slept in lounge room; just watch movies
- not kids mess violent.

5^o wanting strawberry milk & I was trying to make it.
I always tried

Love / Hate

(u) Not that she ruined my life, but she always had the attⁿ =

Neighbours - had 1 chook. 1st time seeing one.

One time I was upset. So being bratty I said I was leaving & packed a bag. No sleep & didn't notice.

5^o Kept watching TV

Filled up w/ upset & anger 'I don't like this' (age 6)
started walking. I was really scared.

5 houses down a guy came out of his house & I got scared & went home. Everyone still not moved. Didn't care.

F^o had ? NO & not allowed to see us; would come occ & bring toys (? stolen)

F^o & Mⁱ would visit & bring food.
Used to stay in there - like Mums.

Falls again as ~~start~~ going to school.

Why didn't I just go to school?

When I was taken away, used to think what
else could I have done?

At the foster home - freshly taken, 5°

Older lady - Gayle + Graham on property.

Their daughter on property - 2 kids

We had our 1st room; had huge playroom upstairs.
Fun. But husband didn't like us.

5° = Jasmine.

I have memory - set in my ways - this is how it
should be done.

Had a set of testes. I had small set. Darcy had
big set. They got mixed up. + Darcy

Grah. got very angry. 'You've sinned from touching his toys'

I remember him hating us. Sent to bed early.

Darcy wanted to play, but I said 'not allowed'

Similar to getting in trouble at 1° - do stuff to
not stuff up again + get in trouble.

Freeze; trapped in all things can't do.

In high school - adopted mentality of - I'm going
to get in trouble anyway
Block; wall;

Useless childhood memories

Had a pet rabbit. Ate No rat poison.

I came down stairs + A° + U° discussing how to tell me.
1st exp. of death.

I had a puzzle on a board. No Pop, A°

Tickling me + saying 'why are you so stinky'

I blurted out 'Why did you lose your baby?'
(miscarriage) I was 5 → GUILT ++ (W)

Don't know why I said it.

Turning pt. - feeling had to upset someone.

1st perception of world

A lot of drama in family - didn't like seeing the upset.

Always controlled my life

Never put effort in myself; always put it in others.

Parents had trouble in my hygiene

in H/S - wouldn't shower or do teeth; didn't care about myself. Never looked after myself; just others.

V. aware of it.

Don't try to fight it at work.

Can see it translating into relat., always tried emot. happiness into how I make others happy.

M^o & F^o - had bad behavior → got all the attⁿ
I always tried my best to be the good kid.

I'd visit A^o & U^o when younger so easier transition.
→ wanted her so took attⁿ off me.

Primary - v. bad. Parents angry to her all week; no time to hear about my day. I'd just play a 'bro'.
We never got

Something tipped in H/S - YK4 - all came crashing down. I got hurt.

M^o always tried to help me in arg. studies. She gave up & left me; got myself through.

Relat. Strained

In HSC she was sick of me; she told me she didn't want to deal with me or see me.

Know I'd brought it on myself. I was lazy & procrastinated.

Stuck - never ending loop.

A Block

Didn't go to my full potential

Guilt Disappointment

Don't know what happened.
always something I've done.

Boring at home. Punished

Put up in it; don't say anything

Didn't want me (in HSL)

F* tried to mimic her; takes it out on Jasmine

She's the one that gives the love + punishment.
Love her; seek praise from her.

F* favours the boys. Doesn't feel good.

Dig for faults in Jasmine.

Jealousy but guilt; it's not their fault.

We have all these expectations + chores + they don't
Mo tries to get him to treat us equally.

F: sad; but suppress feelings; responsible for S*
but not

No one ever told me I was the man of the house.

Whatever's in front of you; just have to do it.

No concept of time

Home had no windows

Lived in lounge room.

Lack of school.

Liked school - friends.

Frustrated + angry 2° 5° - love/hate

but didn't get on.

Knew we had to sit + watch TV while M* slept

Eat when there's food.