

6.9.24

Back from MO - 4 days

Feel I need a few months away. Urge him to bring it up to Bobbie.

Decided to drop a subject.

One uni lecturer suggested I withdraw from the subject.
(molecular bio tech)

Not feeling right. Same thing in my mind.

Don't want to leave MO / come home.

Scared to bring it up to him

Feel I need to be my own person for a while

Either sick physically or mentally; the not right feeling
⊕ be it him, but porn made me feel different
> after we talk about it, but doesn't last.

Previous, bf told me he was bi one year in
→ feel like I did then.

Worry he's it me to deny homosexuality
offended & hurt he looked at porn.

Worried he'll keep doing it.

I'm upset I'm not enough.

Worried about physical abuse - when I fights

Ⓢ his verbal abuse.

Ⓢ He ran towards me & I thought he was going to hit me.

Hurt; scared; worrying
He acts really nasty

Not safe

Verbal threats

Swear at me (C+X)

He tried to cut my name tattoo off his arm
I ~~had~~ called ambulance → police
(for me going away).

Threatened to shoot me.

He was angry to me.

BPD - he has.

Wonder if he's capable of

Shaking

Sad.

Worried - if that's OK - it's not.

Not nice to tell someone this stuff.

I'm scared sharing it.

Want hi to understand how I feel & to know it's
abuse.