

10.3.25

Melissa

Mediation for house. said assets & liabilities

He wants to sell & do 50/50

If I buy him out - he wants 60/40.

Have to look into finances / ~~land~~ value

Just want it to be done.

I said I wanted to stay for 2 yrs

Not the person to ask for what I want
w. conflict.

⊕ be over.

Stressful all the time.

I was feeling settled in it over past few weeks.

Next steps.

1. make phone calls

- lawyer
- real estate
- bank
- financial counsellor.

No one helps out - always me

? stop asking for what you want

x I feel bad

x w. conflict

x Not knowing what's right or wrong

x Don't want people to be upset w. me

x Don't want to wreck Craig & I getting a better

x people thinking badly of me

x Feels wrong

x I feel like a bad person.

x not my personality

? most assume

- upsetting people
- making conflict.

True - hate upsetting people.

Don't like my decisions upsetting them; people being
angry is me
→ parenting being harder.

Don't want to be cause of bad for others.

I'm just a parent who looks after others.

My needs get pushed back again & again
→ stressed & upset.

Worry if I make the right decision

? if knew could ask

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Couldn't make the decision without thinking of others.

? worst → bad person

→ don't want to be seen as bad.