

25.11.24

MH2K MUSCAT

Run down

Can't get into movie - waiting any time
I just feel depressed

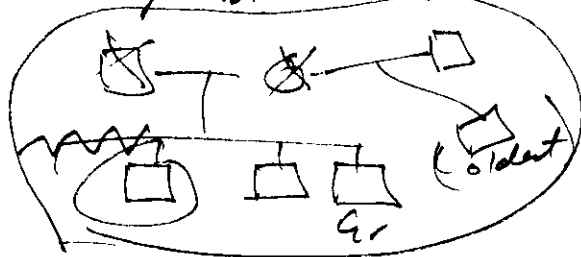
When I went to court, GP had tried to offer me money
to not go to court. then said I'd asked for compensation.
After court, told barristers he was lying.

Brother went to me; running late; I panicked
Not prepared as so late.

Dest. Hx

Born Sydney

Grew up Blacktown



Used to jump on roof of mini car
Spayed everyone in house & horse.

Maring Primary

Doonside High - YR10

Worked in Hardware store - unloading

AMWHY - 1980 - 1985

Dorian - metal cracking

Unemployed for a bit.

Defence food tubs.

- cleaner (liked that)

- baking

- night supervisor.

Lots of little jobs.

Commitment Doors

ankle - multiple surgeries
+ head injury

→ not X-rayed.

19 yrs - # ankle.

Bulphu

2 discs crushing spinal cord

→ Hands -

→ aiggenis when move quickly

→ D.SP.

→ stay at home Dad.

Gardening/Lawn mowing job.

Used to do body build dig

Physical

Lungs - COPD. (smoked for 9 yrs) 1 pklt week

→ walking to improve lungs.

⊕ exercise but < when get home.

Hobbies

++ movies - horror

⊕ gaming - switch off.

Med =

- Nebuliser 40mg /day; Escitalopram 10mg OD.

Stroke - 2015 → 2° head injury but a few years later

→ had stroke during surgery for crushed vertebrae

→ in coma 2 weeks (multiple brain bleeds)

Bur hole surgery

In hospital 4 weeks.

Prior to surgery - MVA - someone ran into back of me.

No medical compensation payment.

Sciatica

Back pain.

Dx PTSD

Stressed when had the stroke.

Recovered enough then GP started getting me to have skin Ca to be removed.

OLD

Turn lights on & off.

Counting cards in wallet over & over

Better make sure I got to hold them & touch them.

Don't feel good.

Bursts of feeling good - but lasts only minutes.

Prior stroke

Outgoing - fun

Now

Moody

Forget things

Don't go out anywhere

Stay at home

Have 2 puppies - Tack russels. - 1yo

Never been into pubs or clubs.

⊕ Doing things by myself.

Renovating kitchen.

Made a movie room → good feeling in room.

Don't read.

2 feel good

Movies.

Walking

⊕ running & skipping but < back.