

11.9.24.

30.8.
Court - He pleaded guilty → HVO + no Contact

He got 18mos community service
Went to Kellyville Hospital again for TMS, all
approved. & did his mind + said he wanted to try
med - . We had disagreements.

I wanted TMS as av. side effects of med -
I explained side effects + that he'd agreed to TMS.
I left against medical advice

None of nurses could understand why he did
Admin acknowledged I was admitted for TMS.

Can't settle thoughts to attend classes there.

Not on any med -

v. emotional

4 S-I.

Fed up + over it.

Thought court would fix it but wasn't.

(W) angry + frustrated as 8mos of this.
Tired + fed up over it.

Took reg back to Apepen as DSH badly
I'd written note + suicidal → DSH instead

They said they were too busy. Last Thurs day.
b/f took me to his place for 3 days, but

→ msg - I'm the problem.

(Dr Ahmed) at

Court - didn't have to go in

Met from Womea Cottage 11.11.24.

Told he'd fired his solicitor + would v. me.

He turned up to court intoxicated (drugs)

His solicitor advising him what to say.

He agreed to plead guilty if I took out several
items of my statement.

police officers pushing for me to agree so he would plead guilty

I was so upset, I agreed
The judge not impressed: said he's a high risk offender
- no contact
- community service

His parents now have the kids

They've gone to DOLs for money, saying we both abandoned them. I'm having to prove he took them.
I want them back. Miss them every week

Thought court would make me feel better but didn't.
Went to Kellyville to a thing, but didn't.
I'm existing; not living

Mr got the beep etc as I'm meant to be in hospital.

Nepean - before Kellyville H. - before court.
20/8/24

court 30/8/24
Kellyville 4/9 → 5/9.

D/C looking outside for a solution, but not worked.

Don't leave house a bed as don't have to face anything

No work; family events;
avoid everyone & everything.

Stuck in a cycle of 1 thing to another.
Hard without my kids

I feel so lost

I don't know who I am anymore.

10 mos ago I was strong & knew what I wanted.
Now.

Δ was the client who locked me in.

Seeing ex in court - embarrassing - he turned
up in a bike & off his face; the man I gave my
life to & who took my kids & he's not a decent F.
No legal support for child custody - due to high fees.
No parenting order in place.

His parents say he's still there.

I had so much fight to get kids & work.
Now can't see past what's happening now.

④ be in control & plan things. All gone.
Not wanting to turn

E. Sad. & disappointed & tired.

A hole in my chest & it's empty.

R: withdrawn;averse company.

Josh wanting to help me.

Used to want him around to feel loved.

Bio had a baby - I have no desire to see them.