

15.4.24

NAOMI BROOKER

2/12 - downhill

Admitted to Knebworth 1 week
→ Gertrude

D/C; not well → TAC - wanted to admit me
but no beds.

Wed. made plan to end life; 1

Sat. dropped kids to their f"

3. attempt "failed"

→ TAC - 3 days in wait room.

Spoke to V → if admitted - would go to acute.

Saw other V → clashed. she said, not a C1313;
no bed" → v. upset → bed available in PECC.

Took all my belongings

Requested a R/V. + discharge.

Since then, no help from LHD.

→ meeting re TTB Access - want me to take medⁿ
I took self off as was in a dark place went
darker.

Refused to D/C me until medⁿ

Saw V → "BPD + CPTSD + depression"

She said "system is broken" & "can't help"

I want to stop feeling like this, to have control
back in my life.

GP - amazing. Has helped me the most.

Single parent
can't afford PHT.

Work hard to support my kids

I was ok in medⁿ but feel it → & in mood.

I'm terrified to be back in that place.

4 kids - only have 2 of them at the moment.

Financial stress.

Guilt of attempt not working

Seeing the impact on my family.

1st attempt.

DSH when young.

I'm just existing

Shut myself off from everyone + everything
Keeping kids home for weeks as not safe alone.

It's not me.

Onset - 2 days before sent to Katoomba.

Prior - incident at work

Bottle everything up.

→ sent out of area to new clients in Wallacia
both w/ dementia + paranoia
home care worker

locked in house; husband had a gun

2 hrs before allowed to leave

I acted like nothing happening

Had staff dinner that night.

I've been through worse personally.

I'm able to cope in moment, then bottle it up

I told team leader; but laugh about it.

Made everything over flow.

? connected to past

Childhood neglect

Sexual + physical abuse

Unstability

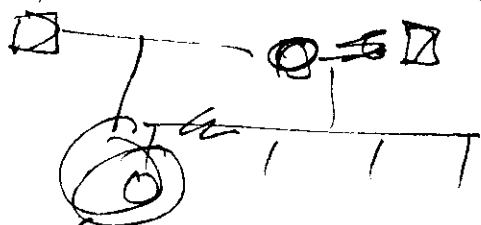
a lot of me having to be the parent/adult -

I was only a kid.

Teens + adult, experimented w/ sex + unstable
relat. + wanting to be loved.

I've lost a lot of people in my life; people I clung
to for love + support.

My F* = my step F* - came



m. 16yo. + blames me for wrecking her life

They broke up when I was 17.

Kept in touch. He has
His own main support.

M. - AOD - issues

M. tried to get

Doesn't know how to love.

I'm the only one that there for M.

(u)

Guilt - I ruined her life

I owe her

She's a wonderful grandmother

step. K. & his wife & S. - supports.

10, 8, 6, 2,
└─┘

I live in their K. & his parents. I got in
him & he was older & owned own business
Found out high f. addict
Physically abusive - tried to cut, but off
I put up with it & tried to help him
To get the 5 yrs. He slept in other.

I worked he didn't

Put foot down & said I was leaving
to protect myself & kids.

agreed to split. He took youngest 2 kids
→ police; applied for legal aid -
"too complicated" (2023)

Police trying to charge him in grievous bodily harm
took out AVO. He admitted to everything to
police, now denies

According to DIV team, I should have been referred
to DIV officers. Not

I was OK after that. Hurt, but stable.

No legitimate reason.

His parents know what he's like & didn't tell
me; & allowed him to take the kids.

Tried

As child, I begged someone to come & take me.
Don't speak to my family as no one helped

Running away from 4yo

MAM tried to help, but M^o took me

Died 2017 & still

Hanker

Rushmore Public

Met Dr. Ditt

Sexual assault YR 7 by YR 10 student

He admitted it, charged

then rumor I was a slut.

Beaten & rolled by 12 girls for \$2-

Beat me

⇒ kids court - terrifying as 13 ladies &
whole families

Doesn't make sense. I try to be good.

So sick of

Never clean enough (house)

Fridge has to always be full.

Nothing has helped.

I receive help then feel ok & stop.

I therapist I saw for a ~~long~~ who helped but
she passed away.

Have a control freak.

Having that control in their home, since felt
like I have no control. Rearranged house
4x. trying to get control back.

Fo bought me a puppy.

Excited but terrified

Dog died 2 weeks ago of snake bite

Picking up dog but haven't pick up his ashes.