

25.9.24.

D. Dalley said I'm going well
A Serquel.

Low motivation.

Win Melbourne. (dx ADHD) - appt next week.
? need med?

Melbourne next week. Sort house then move back here.
Partner wants me to apply for 1

Don't believe in love - designed by men for men.

Partner is a rebound

Neither of us love each other

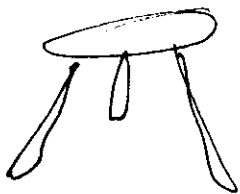
Relat. to the last big stress in (Dwayne)

Feel a lot of pressure in that.

Looking for something better but Dwayne loves me, but
doesn't know how to care for me, & shouldn't have to.

Love is family but not planning on having kids.

Shift in me now towards next generation.



Theridion R/V

anxiety to take the 1st dose.

Calmed down a lot more.

Sleeping ok

Tics calming down.

Been thinking about culture (work).

I don't. + y

Do think about gender a lot. Dislike a lot of male qualities. I don't feel strong enough to be a woman. Non-binary. - but don't understand
More gender than sexual identity

Partner sees me as a man.

Gender is a performance, but can't perform all the time.
we baby men.

Don't know how to

Had a big cry the other day: I can't hold down a job.
split

In Merlin - strength I'm unable to

Femininity - care I can't sustain

On path of wanting to learn how to sacrifice your needs for the greater good.

I do it for the world.

Started dancing as I was shy.

WOPR - next logical step.

Left WOPR + went into activism - as that's what my partner was doing

No logical next step.

Want to do uni again + enjoy it

Passion for data sovereignty

Next time: goals.

Setting a alarm in morning. 8.30 pm → 7pm

Goals.

- + be able to watch movies
- intrusive thought. why aren't you contributing.
- + to get back to Melbourne f / +.
- + help me w. dinner once a week.
- Veggie seems pointless out of my community.
- + map out a plan of the study I'm doing (microsoft - learn - data science)
- + ~~relate~~ I need to value Duayne + I don't know how to do that + in a way that values me.
- + to talk about my msc. + fem. instead of in definitive terms.

Identify as radical leftist.

as soon as you openly identify

not a radical left or rt.

But it's a circle



+ oscillating fast

Identifying was a tool